# New Life, the Spirit - Sunday

O Lord, open our lips: and our mouth shall proclaim your praise.

Glory to the Father and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and shall be forever. Amen.

## **Psalmody**

Exalt yourself above the heavens, O God, and your glory over all the earth.

### **Opening - from Psalm 57**

- 1 My heart is firmly fixed, O God, my heart is fixed;\*
  I will sing and make melody.
- 2 Wake up, my spirit; awake, lute and harp:\*
  I myself will waken the dawn.
- 3 I will confess you among the peoples, O Lord;\* I will sing praise to you among the nations.
- 4 For your loving-kindness is greater than the heavens,\* and your faithfulness reaches to the clouds.

Glory to God, Source of all Being, Eternal Word and Holy Spirit; as it was in the beginning, is now, and shall be forever. Amen.

#### Psalm 33

- 1 Rejoice in the Lord, you righteous;\* it is good for the just to sing praises.
- 2 Praise the Lord with the harp;\* play to him upon the psaltery and lyre.
- 3 Sing for him a new song;\* sound a fanfare with all your skill upon the trumpet.
- 4 For the word of the Lord is right,\* and all his works are sure.

- 5 He loves righteousness and justice;\*
  the loving-kindness of the Lord fills the whole earth.
- 6 By the word of the Lord were the heavens made,\* by the breath of his mouth all the heavenly hosts.
- 7 He gathers up the waters of the ocean as in a water-skin\* and stores up the depths of the sea.
- 8 Let all the earth fear the Lord; \* let all who dwell in the world stand in awe of him.
- 9 For he spoke, and it came to pass;\* he commanded, and it stood fast.
- 10 The Lord brings the will of the nations to naught;\* he thwarts the designs of the peoples.
- 11 But the Lord's will stands fast for ever,\* and the designs of his heart from age to age.
- 12 Happy is the nation whose God is the Lord!\* happy the people he has chosen to be his own!
- 13 The Lord looks down from heaven,\* and beholds all the people in the world.
- 14 From where he sits enthroned he turns his gaze\* on all who dwell on the earth.
- 15 He fashions all the hearts of them\* and understands all their works.
- There is no king that can be saved by a mighty army;\* a strong man is not delivered by his great strength.
- 17 The horse is a vain hope for deliverance;\* for all its strength it cannot save.
- 18 Behold, the eye of the Lord is upon those who fear him,\* on those who wait upon his love,
- 19 To pluck their lives from death,\* and to feed them in time of famine.

- 20 Our soul waits for the Lord;\* he is our help and our shield.
- 21 Indeed, our heart rejoices in him,\* for in his holy name we put our trust.
- 22 Let your loving-kindness, O Lord, be upon us,\* as we have put our trust in you.

Glory to God, Source of all Being, Eternal Word and Holy Spirit; as it was in the beginning, is now, and shall be forever. Amen.

### Conclusion - from Isaiah 61/Luke 4

- 1 The Spirit of the Lord is upon me,\*
  because he has anointed me to preach good news to the poor,
- 2 and has sent me to proclaim release to the captives;\* recovery of sight to the blind;
- 3 to set at liberty those who are oppressed;\* to proclaim the acceptable year of the Lord.
- 4 I will greatly rejoice in the Lord;\* my soul shall exult in my God;
- who has clothed me with the garment of salvation,\* and covered me with the robe of righteousness.
- For as the earth brings forth its shoots,\* so the Lord will cause righteousness to spring forth before all nations.

Glory to God, Source of all Being, Eternal Word and Holy Spirit; as it was in the beginning, is now, and shall be forever. Amen.

Exalt yourself above the heavens, O God, and your glory over all the earth.

# Readings

### **Silence**

# Response - from Psalm 96 verse 4

Give thanks to the Lord and call upon his name, alleluia, alleluia. Give thanks to the Lord and call upon his name, alleluia, alleluia.

Make known his deeds among the peoples. **Alleluia**, **alleluia**.

Glory to the Father and to the Son and to the Holy Spirit. Give thanks to the Lord and call upon his name, alleluia, alleluia.

### **Benedictus**

I will not leave you desolate, says the Lord;
I will come to you; alleluia

Blessed are you, Lord, the God of Israel, you have come to your people and set them free. You have raised up for us a mighty Saviour, born of the house of your servant David.

Through your holy prophets, you promised of old to save us from our enemies, from the hands of all who hate us; to show mercy to our forebears, and to remember your holy covenant.

This was the oath you swore to our father Abraham: to set us free from the hands of our enemies, free to worship you without fear, holy and righteous before you, all the days of our life.

And you, child, shall be called the prophet of the Most High, for you will go before the Lord to prepare the way, to give God's people knowledge of salvation by the forgiveness of their sins.

In the tender compassion of our God the dawn from on high shall break upon us, to shine on those who dwell in darkness and the shadow of death, and to guide our feet into the way of peace.

Glory to the Father and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and shall be forever. Amen.

I will not leave you desolate, says the Lord; I will come to you; alleluia

## **Prayers**

Lord, have mercy upon us. **Christ, have mercy upon us.** Lord, have mercy upon us.

Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Do not bring us to the time of trial,
but deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.

Blessed are you, Creator of the universe. In your loving kindness you watch over your chosen people. Make us witnesses to your truth and instruments of your peace, that all may know you as the God of justice, and praise your holy name; through Jesus Christ our Saviour. **Amen** 

God most holy, we give you thanks for bringing us out of the shadow of night into the light of morning; and we ask you for the joy of spending this day in your service, so that when evening comes, we may once more give you thanks, through Jesus Christ your Son our Lord. Amen.

Let us bless the Lord:

Thanks be to God!

# New Life, the Spirit - Monday

O Lord, open our lips: and our mouth shall proclaim your praise.

Glory to the Father and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and shall be forever. Amen.

# **Psalmody**

Exalt yourself above the heavens, O God, and your glory over all the earth.

### **Opening - from Psalm 57**

- My heart is firmly fixed, O God, my heart is fixed;\* I will sing and make melody.
- Wake up, my spirit; awake, lute and harp:\* I myself will waken the dawn.
- 3 I will confess you among the peoples, O Lord;\*
  I will sing praise to you among the nations.
- 4 For your loving-kindness is greater than the heavens,\* and your faithfulness reaches to the clouds.

Glory to God, Source of all Being, Eternal Word and Holy Spirit; as it was in the beginning, is now, and shall be forever. Amen.

#### Psalm 98

- 1 Sing to the Lord a new song,\* for he has done marvellous things.
- With his right hand and his holy arm\* has he won for himself the victory.
- The Lord has made known his victory;\*
  his righteousness has he openly shown in the sight of the nations.
- 4 He remembers his mercy and faithfulness to the house of Israel,\* and all the ends of the earth have seen the victory of our God.

- 5 Shout with joy to the Lord, all you lands;\* lift up your voice, rejoice, and sing.
- 6 Sing to the Lord with the harp,\* with the harp and the voice of song.
- 7 With trumpets and the sound of the horn\* shout with joy before the King, the Lord.
- 8 Let the sea make a noise and all that is in it,\* the lands and those who dwell therein.
- 9 Let the rivers clap their hands,\* and let the hills ring out with joy before the Lord, when he comes to judge the earth.
- 10 In righteousness shall he judge the world\* and the peoples with equity.

Glory to God, Source of all Being, Eternal Word and Holy Spirit; as it was in the beginning, is now, and shall be forever. Amen.

### Conclusion - from Isaiah 61/Luke 4

- The Spirit of the Lord is upon me,\* because he has anointed me to preach good news to the poor,
- 2 and has sent me to proclaim release to the captives;\* recovery of sight to the blind;
- 3 to set at liberty those who are oppressed;\* to proclaim the acceptable year of the Lord.
- 4 I will greatly rejoice in the Lord;\* my soul shall exult in my God;
- 5 who has clothed me with the garment of salvation,\* and covered me with the robe of righteousness.
- 6 For as the earth brings forth its shoots,\* so the Lord will cause righteousness to spring forth before all nations.
  - Glory to God, Source of all Being, Eternal Word and Holy Spirit; as it was in the beginning, is now, and shall be forever. Amen.

Exalt yourself above the heavens, O God, and your glory over all the earth.

## Readings

#### Silence

## Response - from Psalm 96 verse 4

Give thanks to the Lord and call upon his name, alleluia, alleluia. Give thanks to the Lord and call upon his name, alleluia, alleluia.

Make known his deeds among the peoples.

Alleluia, alleluia.

Glory to the Father and to the Son and to the Holy Spirit.

Give thanks to the Lord and call upon his name, alleluia, alleluia.

#### **Benedictus**

I will not leave you desolate, says the Lord;
I will come to you; alleluia

Blessed are you, Lord, the God of Israel, you have come to your people and set them free. You have raised up for us a mighty Saviour, born of the house of your servant David.

Through your holy prophets, you promised of old to save us from our enemies, from the hands of all who hate us; to show mercy to our forebears, and to remember your holy covenant.

This was the oath you swore to our father Abraham: to set us free from the hands of our enemies, free to worship you without fear, holy and righteous before you, all the days of our life.

And you, child, shall be called the prophet of the Most High,

for you will go before the Lord to prepare the way, to give God's people knowledge of salvation by the forgiveness of their sins.

In the tender compassion of our God the dawn from on high shall break upon us, to shine on those who dwell in darkness and the shadow of death, and to guide our feet into the way of peace.

Glory to the Father and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and shall be forever. Amen.

I will not leave you desolate, says the Lord; I will come to you; alleluia

## **Prayers**

Lord, have mercy upon us. Christ, have mercy upon us. Lord, have mercy upon us.

Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Do not bring us to the time of trial,
but deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.

Lord God, we see your righteous rule in all your works, and we join our voices with the song of your whole creation in praising you, in and through Jesus Christ our Saviour. **Amen** 

God most holy, we give you thanks for bringing us out of the shadow of night into the light of morning; and we ask you for the joy of spending this day in your service, so that when evening comes, we may once more give you thanks, through Jesus Christ your Son our Lord. Amen.

Let us bless the Lord:

Thanks be to God!

# New Life, the Spirit - Tuesday

O Lord, open our lips: and our mouth shall proclaim your praise.

Glory to the Father and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and shall be forever. Amen.

# **Psalmody**

Exalt yourself above the heavens, O God, and your glory over all the earth.

### **Opening - from Psalm 57**

- My heart is firmly fixed, O God, my heart is fixed;\* I will sing and make melody.
- Wake up, my spirit; awake, lute and harp:\* I myself will waken the dawn.
- 3 I will confess you among the peoples, O Lord;\*
  I will sing praise to you among the nations.
- 4 For your loving-kindness is greater than the heavens,\* and your faithfulness reaches to the clouds.

Glory to God, Source of all Being, Eternal Word and Holy Spirit; as it was in the beginning, is now, and shall be forever. Amen.

#### Psalm 47

- 1 Clap your hands, all you peoples;\* shout to God with a cry of joy.
- 2 For the Lord Most High is to be feared;\* he is the great king over all the earth.
- 3 He subdues the peoples under us,\* and the nations under our feet.
- 4 He chooses our inheritance for us,\* the pride of Jacob whom he loves.

- 5 God has gone up with a shout,\*
  the Lord with the sound of the ram's-horn.
- 6 Sing praises to God, sing praises;\* sing praises to our king, sing praises.
- 7 For God is king of all the earth;\* sing praises with all your skill.
- 8 God reigns over the nations;\* God sits upon his holy throne.
- 9 The nobles of the peoples have gathered together\* with the people of the God of Abraham.
- 10 The rulers of the earth belong to God,\* and he is highly exalted.

Glory to God, Source of all Being, Eternal Word and Holy Spirit; as it was in the beginning, is now, and shall be forever. Amen.

### Conclusion - from Isaiah 61/Luke 4

- The Spirit of the Lord is upon me,\* because he has anointed me to preach good news to the poor,
- 2 and has sent me to proclaim release to the captives;\* recovery of sight to the blind;
- 3 to set at liberty those who are oppressed;\* to proclaim the acceptable year of the Lord.
- 4 I will greatly rejoice in the Lord;\* my soul shall exult in my God;
- 5 who has clothed me with the garment of salvation,\* and covered me with the robe of righteousness.
- 6 For as the earth brings forth its shoots,\*
  so the Lord will cause righteousness to spring forth before all nations.
  - Glory to God, Source of all Being, Eternal Word and Holy Spirit; as it was in the beginning, is now, and shall be forever. Amen.

Exalt yourself above the heavens, O God, and your glory over all the earth.

# Readings

#### Silence

## Response - from Psalm 96 verse 4

Give thanks to the Lord and call upon his name, alleluia, alleluia. Give thanks to the Lord and call upon his name, alleluia, alleluia.

Make known his deeds among the peoples.

Alleluia, alleluia.

Glory to the Father and to the Son and to the Holy Spirit. Give thanks to the Lord and call upon his name, alleluia, alleluia.

#### **Benedictus**

I will not leave you desolate, says the Lord;
I will come to you; alleluia

Blessed are you, Lord, the God of Israel, you have come to your people and set them free. You have raised up for us a mighty Saviour, born of the house of your servant David.

Through your holy prophets, you promised of old to save us from our enemies, from the hands of all who hate us; to show mercy to our forebears, and to remember your holy covenant.

This was the oath you swore to our father Abraham: to set us free from the hands of our enemies, free to worship you without fear, holy and righteous before you, all the days of our life.

And you, child, shall be called the prophet of the Most High,

for you will go before the Lord to prepare the way, to give God's people knowledge of salvation by the forgiveness of their sins.

In the tender compassion of our God the dawn from on high shall break upon us, to shine on those who dwell in darkness and the shadow of death, and to guide our feet into the way of peace.

Glory to the Father and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and shall be forever. Amen.

I will not leave you desolate, says the Lord; I will come to you; alleluia

## **Prayers**

Lord, have mercy upon us. Christ, have mercy upon us. Lord, have mercy upon us.

Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Do not bring us to the time of trial,
but deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.

Blessed are you, God of all the earth; you have called us out of every people and nation to be a royal priesthood and citizens of your holy city. May our words of praise call the world to turn to the joy of fellowship with you, through Jesus Christ our Lord. **Amen** 

God most holy, we give you thanks for bringing us out of the shadow of night into the light of morning; and we ask you for the joy of spending this day in your service, so that when evening comes, we may once more give you thanks, through Jesus Christ your Son our Lord. Amen.

Let us bless the Lord:

Thanks be to God!

# New Life, the Spirit - Wednesday

O Lord, open our lips: and our mouth shall proclaim your praise.

Glory to the Father and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and shall be forever. Amen.

# **Psalmody**

Exalt yourself above the heavens, O God, and your glory over all the earth.

### **Opening - from Psalm 57**

- My heart is firmly fixed, O God, my heart is fixed;\* I will sing and make melody.
- 2 Wake up, my spirit; awake, lute and harp:\*
  I myself will waken the dawn.
- 3 I will confess you among the peoples, O Lord;\*
  I will sing praise to you among the nations.
- 4 For your loving-kindness is greater than the heavens,\* and your faithfulness reaches to the clouds.

Glory to God, Source of all Being, Eternal Word and Holy Spirit; as it was in the beginning, is now, and shall be forever. Amen.

#### Psalm 30

- 1 I will exalt you, O Lord, because you have lifted me up\* and have not let my enemies triumph over me.
- O Lord my God, I cried out to you,\* and you restored me to health.
- 3 You brought me up, O Lord, from the dead;\* you restored my life as I was going down to the grave.
- 4 Sing to the Lord, you servants of his;\* give thanks for the remembrance of his holiness.

- 5 For his wrath endures but the twinkling of an eye,\* his favour for a lifetime.
- 6 Weeping may spend the night,\* but joy comes in the morning.
- 7 While I felt secure, I said, 'I shall never be disturbed.\*
  You, Lord, with your favour, made me as strong as the mountains'
- 8 Then you hid your face,\* and I was filled with fear.
- 9 I cried to you, O Lord;\*
  I pleaded with the Lord, saying,
- 10 'What profit is there in my blood, if I go to the Pit?\* will the dust praise you or declare your faithfulness?
- Hear, O Lord, and have mercy upon me;\* O Lord, be my helper.'
- 12 You have turned my wailing into dancing;\*
  you have put off my sack-cloth and clothed me with joy.
- 13 Therefore my heart sings to you without ceasing;\*
  O Lord my God, I will give you thanks for ever.
  - Glory to God, Source of all Being, Eternal Word and Holy Spirit; as it was in the beginning, is now, and shall be forever. Amen.

### Conclusion - from Isaiah 61/Luke 4

- The Spirit of the Lord is upon me,\* because he has anointed me to preach good news to the poor,
- 2 and has sent me to proclaim release to the captives;\* recovery of sight to the blind;
- 3 to set at liberty those who are oppressed;\* to proclaim the acceptable year of the Lord.
- 4 I will greatly rejoice in the Lord;\* my soul shall exult in my God;

- 5 who has clothed me with the garment of salvation,\* and covered me with the robe of righteousness.
- For as the earth brings forth its shoots,\* so the Lord will cause righteousness to spring forth before all nations.

Glory to God, Source of all Being, Eternal Word and Holy Spirit; as it was in the beginning, is now, and shall be forever. Amen.

Exalt yourself above the heavens, O God, and your glory over all the earth.

## Readings

#### **Silence**

## Response - from Psalm 96 verse 4

Give thanks to the Lord and call upon his name, alleluia, alleluia Give thanks to the Lord and call upon his name, alleluia, alleluia.

Make known his deeds among the peoples.

Alleluia, alleluia.

Glory to the Father and to the Son and to the Holy Spirit.

Give thanks to the Lord and call upon his name, alleluia, alleluia.

### **Benedictus**

I will not leave you desolate, says the Lord; I will come to you; alleluia

Blessed are you, Lord, the God of Israel, you have come to your people and set them free. You have raised up for us a mighty Saviour, born of the house of your servant David.

Through your holy prophets, you promised of old to save us from our enemies, from the hands of all who hate us; to show mercy to our forebears, and to remember your holy covenant.

This was the oath you swore to our father Abraham: to set us free from the hands of our enemies, free to worship you without fear, holy and righteous before you, all the days of our life.

And you, child, shall be called the prophet of the Most High, for you will go before the Lord to prepare the way, to give God's people knowledge of salvation by the forgiveness of their sins.

In the tender compassion of our God the dawn from on high shall break upon us, to shine on those who dwell in darkness and the shadow of death, and to guide our feet into the way of peace.

Glory to the Father and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and shall be forever. Amen.

I will not leave you desolate, says the Lord; I will come to you; alleluia

### **Prayers**

Lord, have mercy upon us. Christ, have mercy upon us. Lord, have mercy upon us.

Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Do not bring us to the time of trial,
but deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.

God our Father, glorious in giving and restoring life, do not hide your face from your people overcome with loneliness and fear; turn our mourning into dancing and raise us up with your Son, that we may rejoice in your presence for ever. **Amen** 

God most holy, we give you thanks for bringing us out of the shadow of night into the light of morning; and we ask you for the joy of spending this day in your service, so that when evening comes, we may once more give you thanks, through Jesus Christ your Son our Lord. Amen.

Let us bless the Lord:

Thanks be to God!

# New Life, the Spirit - Thursday

O Lord, open our lips: and our mouth shall proclaim your praise.

Glory to the Father and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and shall be forever. Amen.

# **Psalmody**

Exalt yourself above the heavens, O God, and your glory over all the earth.

### **Opening - from Psalm 57**

- My heart is firmly fixed, O God, my heart is fixed;\* I will sing and make melody.
- Wake up, my spirit; awake, lute and harp:\* I myself will waken the dawn.
- 3 I will confess you among the peoples, O Lord;\*
  I will sing praise to you among the nations.
- 4 For your loving-kindness is greater than the heavens,\* and your faithfulness reaches to the clouds.

Glory to God, Source of all Being, Eternal Word and Holy Spirit; as it was in the beginning, is now, and shall be forever. Amen.

#### Psalm 104.1-25

- Bless the Lord, O my soul;\*
   O Lord my God, how excellent is your greatness!
   you are clothed with majesty and splendour.
- You wrap yourself with light as with a cloak\* and spread out the heavens like a curtain.
- You lay the beams of your chambers in the waters above;\*
  you make the clouds your chariot; you ride on the wings of the wind.
- 4 You make the winds your messengers\* and flames of fire your servants.

- 5 You have set the earth upon its foundations,\* so that it never shall move at any time.
- 6 You covered it with the deep as with a mantle;\* the waters stood higher than the mountains.
- 7 At your rebuke they fled;\* at the voice of your thunder they hastened away.
- 8 They went up into the hills and down to the valleys beneath,\* to the places you had appointed for them.
- 9 You set the limits that they should not pass;\* they shall not again cover the earth.
- 10 You send the springs into the valleys;\* they flow between the mountains.
- 11 All the beasts of the field drink their fill from them,\* and the wild asses quench their thirst.
- 12 Beside them the birds of the air make their nests\* and sing among the branches.
- You water the mountains from your dwelling on high;\* the earth is fully satisfied by the fruit of your works.
- 14 You make grass grow for flocks and herds\* and plants to serve humankind;
- 15 That they may bring forth food from the earth,\* and wine to gladden our hearts,
- 16 Oil to make a cheerful countenance,\* and bread to strengthen the heart.
- 17 The trees of the Lord are full of sap,\* the cedars of Lebanon which he planted,
- 18 In which the birds build their nests,\* and in whose tops the stork makes his dwelling.
- 19 The high hills are a refuge for the mountain goats,\* and the stony cliffs for the rock badgers.

- 20 You appointed the moon to mark the seasons,\* and the sun knows the time of its setting.
- 21 You make darkness that it may be night,\* in which all the beasts of the forest prowl.
- 22 The lions roar after their prey\* and seek their food from God.
- 23 The sun rises, and they slip away\* and lay themselves down in their dens.
- 24 People go out to their work\* and to their labour until the evening.
- O Lord, how manifold are your works!\*
  in wisdom you have made them all; the earth is full of your creatures.

Glory to God, Source of all Being, Eternal Word and Holy Spirit; as it was in the beginning, is now, and shall be forever. Amen.

### Conclusion - from Isaiah 61/Luke 4

- 1 The Spirit of the Lord is upon me,\* because he has anointed me to preach good news to the poor,
- 2 and has sent me to proclaim release to the captives;\* recovery of sight to the blind;
- 3 to set at liberty those who are oppressed;\* to proclaim the acceptable year of the Lord.
- 4 I will greatly rejoice in the Lord;\* my soul shall exult in my God;
- 5 who has clothed me with the garment of salvation,\* and covered me with the robe of righteousness.
- 6 For as the earth brings forth its shoots,\*
  so the Lord will cause righteousness to spring forth before all nations.
  - Glory to God, Source of all Being, Eternal Word and Holy Spirit; as it was in the beginning, is now, and shall be forever. Amen.

Exalt yourself above the heavens, O God, and your glory over all the earth.

# Readings

#### Silence

## Response - from Psalm 96 verse 4

Give thanks to the Lord and call upon his name, alleluia, alleluia. Give thanks to the Lord and call upon his name, alleluia, alleluia.

Make known his deeds among the peoples.

Alleluia, alleluia.

Glory to the Father and to the Son and to the Holy Spirit.

Give thanks to the Lord and call upon his name, alleluia, alleluia.

#### Benedictus

I will not leave you desolate, says the Lord;
I will come to you; alleluia

Blessed are you, Lord, the God of Israel, you have come to your people and set them free. You have raised up for us a mighty Saviour, born of the house of your servant David.

Through your holy prophets, you promised of old to save us from our enemies, from the hands of all who hate us; to show mercy to our forebears, and to remember your holy covenant.

This was the oath you swore to our father Abraham: to set us free from the hands of our enemies, free to worship you without fear, holy and righteous before you, all the days of our life.

And you, child, shall be called the prophet of the Most High,

for you will go before the Lord to prepare the way, to give God's people knowledge of salvation by the forgiveness of their sins.

In the tender compassion of our God the dawn from on high shall break upon us, to shine on those who dwell in darkness and the shadow of death, and to guide our feet into the way of peace.

Glory to the Father and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and shall be forever. Amen.

I will not leave you desolate, says the Lord; I will come to you; alleluia

## **Prayers**

Lord, have mercy upon us. Christ, have mercy upon us. Lord, have mercy upon us.

Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Do not bring us to the time of trial,
but deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.

O God of eternal light, heaven and earth are the work of your hands, and all creation sings your praise and beauty. As in the beginning, by your Spirit, you gave life and order to all that is, so by the same Spirit redeem us and all things, through Christ our Lord. **Amen** 

God most holy, we give you thanks for bringing us out of the shadow of night into the light of morning; and we ask you for the joy of spending this day in your service, so that when evening comes, we may once more give you thanks, through Jesus Christ your Son our Lord. Amen.

Let us bless the Lord:

Thanks be to God!

# New Life, the Spirit - Friday

O Lord, open our lips: and our mouth shall proclaim your praise.

Glory to the Father and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and shall be forever. Amen.

# **Psalmody**

Exalt yourself above the heavens, O God, and your glory over all the earth.

### **Opening - from Psalm 57**

- My heart is firmly fixed, O God, my heart is fixed;\* I will sing and make melody.
- Wake up, my spirit; awake, lute and harp:\* I myself will waken the dawn.
- 3 I will confess you among the peoples, O Lord;\*
  I will sing praise to you among the nations.
- 4 For your loving-kindness is greater than the heavens,\* and your faithfulness reaches to the clouds.

Glory to God, Source of all Being, Eternal Word and Holy Spirit; as it was in the beginning, is now, and shall be forever. Amen.

#### **Psalm 146**

- Hallelujah! Praise the Lord, O my soul!\*
   I will praise the Lord as long as I live;
   I will sing praises to my God while I have my being.
- Put not your trust in rulers, nor in any child of earth,\* for there is no help in them.
- When they breathe their last, they return to earth,\* and in that day their thoughts perish.
- 4 Happy are they who have the God of Jacob for their help!\* whose hope is in the Lord their God;

- Who made heaven and earth, the seas, and all that is in them; who keeps his promise for ever;
- 6 Who gives justice to those who are oppressed,\* and food to those who hunger.
- 7 The Lord sets the prisoners free; the Lord opens the eyes of the blind;\* the Lord lifts up those who are bowed down;
- 8 The Lord loves the righteous; the Lord cares for the stranger;\*
  he sustains the orphan and widow,
  but frustrates the way of the wicked.
- 9 The Lord shall reign for ever,\* your God, O Zion, throughout all generations. Hallelujah!
  - Glory to God, Source of all Being, Eternal Word and Holy Spirit; as it was in the beginning, is now, and shall be forever. Amen.

### Conclusion - from Isaiah 61/Luke 4

- The Spirit of the Lord is upon me,\* because he has anointed me to preach good news to the poor,
- 2 and has sent me to proclaim release to the captives;\* recovery of sight to the blind;
- 3 to set at liberty those who are oppressed;\* to proclaim the acceptable year of the Lord.
- 4 I will greatly rejoice in the Lord;\* my soul shall exult in my God;
- 5 who has clothed me with the garment of salvation,\* and covered me with the robe of righteousness.
- For as the earth brings forth its shoots,\* so the Lord will cause righteousness to spring forth before all nations.
  - Glory to God, Source of all Being, Eternal Word and Holy Spirit; as it was in the beginning, is now, and shall be forever. Amen.
  - Exalt yourself above the heavens, O God, and your glory over all the earth.

# Readings

### **Silence**

# Response - from Psalm 96 verse 4

Give thanks to the Lord and call upon his name, alleluia, alleluia Give thanks to the Lord and call upon his name, alleluia, alleluia.

Make known his deeds among the peoples. **Alleluia. alleluia.** 

Glory to the Father and to the Son and to the Holy Spirit. Give thanks to the Lord and call upon his name, alleluia, alleluia.

#### Benedictus

I will not leave you desolate, says the Lord; I will come to you; alleluia

Blessed are you, Lord, the God of Israel, you have come to your people and set them free. You have raised up for us a mighty Saviour, born of the house of your servant David.

Through your holy prophets, you promised of old to save us from our enemies, from the hands of all who hate us; to show mercy to our forebears, and to remember your holy covenant.

This was the oath you swore to our father Abraham: to set us free from the hands of our enemies, free to worship you without fear, holy and righteous before you, all the days of our life.

And you, child, shall be called the prophet of the Most High, for you will go before the Lord to prepare the way, to give God's people knowledge of salvation by the forgiveness of their sins.

In the tender compassion of our God the dawn from on high shall break upon us, to shine on those who dwell in darkness and the shadow of death, and to guide our feet into the way of peace.

Glory to the Father and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and shall be forever. Amen.

I will not leave you desolate, says the Lord; I will come to you; alleluia

### **Prayers**

Lord, have mercy upon us. Christ, have mercy upon us. Lord, have mercy upon us.

Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Do not bring us to the time of trial,
but deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.

God our creator and redeemer, inspire your people, in prosperity or adversity, to turn always to you, eternal source of life, health, and goodness; through Jesus Christ our Lord. **Amen.** 

God most holy, we give you thanks for bringing us out of the shadow of night into the light of morning; and we ask you for the joy of spending this day in your service, so that when evening comes, we may once more give you thanks, through Jesus Christ your Son our Lord. Amen.

Let us bless the Lord:

Thanks be to God!

# New Life, the Spirit - Saturday

O Lord, open our lips: and our mouth shall proclaim your praise.

Glory to the Father and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and shall be forever. Amen.

# **Psalmody**

Exalt yourself above the heavens, O God, and your glory over all the earth.

### **Opening - from Psalm 57**

- My heart is firmly fixed, O God, my heart is fixed;\* I will sing and make melody.
- Wake up, my spirit; awake, lute and harp:\* I myself will waken the dawn.
- 3 I will confess you among the peoples, O Lord;\*
  I will sing praise to you among the nations.
- 4 For your loving-kindness is greater than the heavens,\* and your faithfulness reaches to the clouds.

Glory to God, Source of all Being, Eternal Word and Holy Spirit; as it was in the beginning, is now, and shall be forever. Amen.

#### **Psalm 147**

- Hallelujah! How good it is to sing praises to our God!\* how pleasant it is to honour him with praise!
- 2 The Lord rebuilds Jerusalem;\* he gathers the exiles of Israel.
- 3 He heals the brokenhearted\* and binds up their wounds.
- 4 He counts the number of the stars\* and calls them all by their names.

- 5 Great is our Lord and mighty in power;\* there is no limit to his wisdom.
- 6 The Lord lifts up the lowly,\* but casts the wicked to the ground.
- 7 Sing to the Lord with thanksgiving;\* make music to our God upon the harp.
- 8 He covers the heavens with clouds\* and prepares rain for the earth;
- 9 He makes grass to grow upon the mountains\* and green plants to serve humankind.
- 10 He provides food for flocks and herds\* and for the young ravens when they cry.
- He is not impressed by the might of a horse,\*
  he has no pleasure in the strength of a man;
- 12 But the Lord has pleasure in those who fear him,\* in those who await his gracious favour.
- 13 Worship the Lord, O Jerusalem;\* praise your God, O Zion;
- 14 For he has strengthened the bars of your gates;\* he has blessed your children within you.
- 15 He has established peace on your borders;\* he satisfies you with the finest wheat.
- 16 He sends out his command to the earth,\* and his word runs very swiftly.
- 17 He gives snow like wool;\* he scatters hoarfrost like ashes.
- 18 He scatters his hail like bread crumbs;\* who can stand against his cold?
- 19 He sends forth his word and melts them;\* he blows with his wind, and the waters flow.

- 20 He declares his word to Jacob,\* his statutes and his judgements to Israel.
- 21 He has not done so to any other nation;\* to them he has not revealed his judgements. Hallelujah!

Glory to God, Source of all Being, Eternal Word and Holy Spirit; as it was in the beginning, is now, and shall be forever. Amen.

### Conclusion - from Isaiah 61/Luke 4

- 1 The Spirit of the Lord is upon me,\* because he has anointed me to preach good news to the poor,
- 2 and has sent me to proclaim release to the captives;\* recovery of sight to the blind;
- 3 to set at liberty those who are oppressed;\* to proclaim the acceptable year of the Lord.
- 4 I will greatly rejoice in the Lord;\* my soul shall exult in my God;
- 5 who has clothed me with the garment of salvation,\* and covered me with the robe of righteousness.
- 6 For as the earth brings forth its shoots,\*
  so the Lord will cause righteousness to spring forth before all nations.

Glory to God, Source of all Being, Eternal Word and Holy Spirit; as it was in the beginning, is now, and shall be forever. Amen.

Exalt yourself above the heavens, O God, and your glory over all the earth.

# Readings

### **Silence**

# Response - from Psalm 96 verse 4

Give thanks to the Lord and call upon his name, alleluia, alleluia. Give thanks to the Lord and call upon his name, alleluia, alleluia.

Make known his deeds among the peoples. **Alleluia**, alleluia.

Glory to the Father and to the Son and to the Holy Spirit. Give thanks to the Lord and call upon his name, alleluia, alleluia.

### **Benedictus**

I will not leave you desolate, says the Lord; I will come to you; alleluia

Blessed are you, Lord, the God of Israel, you have come to your people and set them free. You have raised up for us a mighty Saviour, born of the house of your servant David.

Through your holy prophets, you promised of old to save us from our enemies, from the hands of all who hate us; to show mercy to our forebears, and to remember your holy covenant.

This was the oath you swore to our father Abraham: to set us free from the hands of our enemies, free to worship you without fear, holy and righteous before you, all the days of our life.

And you, child, shall be called the prophet of the Most High, for you will go before the Lord to prepare the way, to give God's people knowledge of salvation by the forgiveness of their sins.

In the tender compassion of our God the dawn from on high shall break upon us, to shine on those who dwell in darkness and the shadow of death, and to guide our feet into the way of peace.

Glory to the Father and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and shall be forever. Amen.

I will not leave you desolate, says the Lord; I will come to you; alleluia

### **Prayers**

Lord, have mercy upon us. Christ, have mercy upon us. Lord, have mercy upon us.

Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Do not bring us to the time of trial,
but deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.

God of the universe, Lord of life, give us grace to see you in all your works, in all creatures, all people, and in our hearts, that we may faithfully serve you and worthily praise your holy name, through Jesus Christ our Lord. **Amen** 

God most holy, we give you thanks for bringing us out of the shadow of night into the light of morning; and we ask you for the joy of spending this day in your service, so that when evening comes, we may once more give you thanks, through Jesus Christ your Son our Lord. Amen.

Let us bless the Lord:

Thanks be to God!

# New Life, the Spirit - Pentecost

O Lord, open our lips: and our mouth shall proclaim your praise.

Glory to the Father and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and shall be forever. Amen.

## **Psalmody**

Exalt yourself above the heavens, O God, and your glory over all the earth.

### **Opening - from Psalm 57**

- My heart is firmly fixed, O God, my heart is fixed;\* I will sing and make melody.
- Wake up, my spirit; awake, lute and harp:\* I myself will waken the dawn.
- 3 I will confess you among the peoples, O Lord;\*
  I will sing praise to you among the nations.
- 4 For your loving-kindness is greater than the heavens,\* and your faithfulness reaches to the clouds.

Glory to God, Source of all Being, Eternal Word and Holy Spirit; as it was in the beginning, is now, and shall be forever. Amen.

#### Psalm 33

- 1 Rejoice in the Lord, you righteous;\* it is good for the just to sing praises.
- 2 Praise the Lord with the harp;\* play to him upon the psaltery and lyre.
- 3 Sing for him a new song;\* sound a fanfare with all your skill upon the trumpet.
- 4 For the word of the Lord is right,\* and all his works are sure.

- 5 He loves righteousness and justice;\* the loving-kindness of the Lord fills the whole earth.
- 6 By the word of the Lord were the heavens made,\* by the breath of his mouth all the heavenly hosts.
- 7 He gathers up the waters of the ocean as in a water-skin\* and stores up the depths of the sea.
- 8 Let all the earth fear the Lord; \* let all who dwell in the world stand in awe of him.
- 9 For he spoke, and it came to pass;\* he commanded, and it stood fast.
- 10 The Lord brings the will of the nations to naught;\* he thwarts the designs of the peoples.
- 11 But the Lord's will stands fast for ever,\* and the designs of his heart from age to age.
- 12 Happy is the nation whose God is the Lord!\* happy the people he has chosen to be his own!
- 13 The Lord looks down from heaven,\* and beholds all the people in the world.
- 14 From where he sits enthroned he turns his gaze\* on all who dwell on the earth.
- 15 He fashions all the hearts of them\* and understands all their works.
- 16 There is no king that can be saved by a mighty army;\* a strong man is not delivered by his great strength.
- 17 The horse is a vain hope for deliverance;\* for all its strength it cannot save.
- 18 Behold, the eye of the Lord is upon those who fear him,\* on those who wait upon his love,
- 19 To pluck their lives from death,\* and to feed them in time of famine.

- 20 Our soul waits for the Lord;\* he is our help and our shield.
- 21 Indeed, our heart rejoices in him,\* for in his holy name we put our trust.
- 22 Let your loving-kindness, O Lord, be upon us,\* as we have put our trust in you.

Glory to God, Source of all Being, Eternal Word and Holy Spirit; as it was in the beginning, is now, and shall be forever. Amen.

### Conclusion - from Isaiah 61/Luke 4

- The Spirit of the Lord is upon me,\* because he has anointed me to preach good news to the poor,
- 2 and has sent me to proclaim release to the captives;\* recovery of sight to the blind;
- 3 to set at liberty those who are oppressed;\* to proclaim the acceptable year of the Lord.
- 4 I will greatly rejoice in the Lord;\* my soul shall exult in my God;
- 5 who has clothed me with the garment of salvation,\* and covered me with the robe of righteousness.
- For as the earth brings forth its shoots,\* so the Lord will cause righteousness to spring forth before all nations.
  - Glory to God, Source of all Being, Eternal Word and Holy Spirit; as it was in the beginning, is now, and shall be forever. Amen.
  - Exalt yourself above the heavens, O God, and your glory over all the earth.

# **Readings**

### **Silence**

# Response - from Psalm 96 verse 4

Give thanks to the Lord and call upon his name, alleluia, alleluia Give thanks to the Lord and call upon his name, alleluia, alleluia.

Make known his deeds among the peoples. **Alleluia. alleluia.** 

Glory to the Father and to the Son and to the Holy Spirit.

Give thanks to the Lord and call upon his name, alleluia, alleluia.

### Benedictus

In the Spirit,

we have access to the Father; alleluia

Blessed are you, Lord, the God of Israel, you have come to your people and set them free. You have raised up for us a mighty Saviour, born of the house of your servant David.

Through your holy prophets, you promised of old to save us from our enemies, from the hands of all who hate us; to show mercy to our forebears, and to remember your holy covenant.

This was the oath you swore to our father Abraham: to set us free from the hands of our enemies, free to worship you without fear, holy and righteous before you, all the days of our life.

And you, child, shall be called the prophet of the Most High, for you will go before the Lord to prepare the way, to give God's people knowledge of salvation by the forgiveness of their sins.

In the tender compassion of our God the dawn from on high shall break upon us, to shine on those who dwell in darkness and the shadow of death, and to guide our feet into the way of peace.

Glory to the Father and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and shall be forever. Amen.

In the Spirit, we have access to the Father; alleluia

### **Prayers**

Lord, have mercy upon us. Christ, have mercy upon us. Lord, have mercy upon us.

Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Do not bring us to the time of trial,
but deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.

Almighty and everliving God, who fulfilled the promises of Easter by sending us your Holy Spirit and opening to every race and nation the way of life eternal: keep us in the unity of your Spirit, that every tongue may tell of your glory; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen** 

God most holy, we give you thanks for bringing us out of the shadow of night into the light of morning; and we ask you for the joy of spending this day in your service, so that when evening comes, we may once more give you thanks, through Jesus Christ your Son our Lord. Amen.

Let us bless the Lord:

Thanks be to God!