The Suffering Christ - Palm Sunday

O Lord, open our lips: and our mouth shall proclaim your praise.

Glory to the Father and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and shall be forever. Amen.

Psalmody

I will thank you, O Lord my God, with all my heart and glorify your name for evermore. (Ps. 86.12)

Opening - from Psalms 86

- 1 Among the gods there is none like you, O Lord,* nor anything like your works.
- 2 All nations you have made will come and worship you, O Lord,* and glorify your name.
- For you are great; you do wondrous things;* and you alone are God.
- 4 Teach me your way, O Lord, and I will walk in your truth;*
 knit my heart to you that I may fear your name.

Psalms 34

- 1 I will bless the Lord at all times;* his praise shall ever be in my mouth.
- 2 I will glory in the Lord;* let the humble hear and rejoice.
- 3 Proclaim with me the greatness of the Lord;* let us exalt his name together.
- 4 I sought the Lord, and he answered me* and delivered me out of all my terror.

- 5 Look upon him and be radiant,* and let not your faces be ashamed.
- 6 I called in my affliction and the Lord heard me* and saved me from all my troubles.
- 7 The angel of the Lord encompasses those who fear him,* and he will deliver them.
- 8 Taste and see that the Lord is good;* happy are they who trust in him!
- 9 Fear the Lord, you that are his saints,* for those who fear him lack nothing.
- 10 The young lions lack and suffer hunger,*
 but those who seek the Lord lack nothing that is good.
- 11 Come, children, and listen to me;*
 I will teach you the fear of the Lord.
- 12 Who among you loves life* and desires long life to enjoy prosperity?
- 13 Keep your tongue from evil-speaking* and your lips from lying words.
- 14 Turn from evil and do good;* seek peace and pursue it.
- 15 The eyes of the Lord are upon the righteous,* and his ears are open to their cry.
- 16 The face of the Lord is against those who do evil,*
 to root out the remembrance of them from the earth.
- 17 The righteous cry, and the Lord hears them* and delivers them from all their troubles.
- 18 The Lord is near to the brokenhearted* and will save those whose spirits are crushed.
- 19 Many are the troubles of the righteous,* but the Lord will deliver him out of them all.

- 20 He will keep safe all his bones;* not one of them shall be broken.
- 21 Evil shall slay the wicked,* and those who hate the righteous will be punished.
- 22 The Lord ransoms the life of his servants,* and none will be punished who trust in him.

- Behold my servant, whom I uphold* my chosen, in whom my soul delights;
- 2 I have put my spirit upon him* he will bring forth justice to the nations:
- 3 He will not cry nor lift up his voice* or make it heard in the street;
- 4 a bruised reed he will not break* a dimly burning wick he will not quench;
- 5 he will faithfully bring forth justice* he will not fail nor be discouraged,
- 6 till he has established justice in the earth* and the coastlands wait for his law.
 - I will thank you, O Lord my God, with all my heart and glorify your name for evermore.

Readings

Silence

Response - from Psalm 63 verse 4

My eyes have failed for watching for your salvation.

My eyes have failed for watching for your salvation

And for your righteous promise **For your salvation.**

Glory to the Father and to the Son and to the Holy Spirit. My eyes have failed for watching for your salvation.

Benedictus

Hosanna
to the Son of David!.

Blessed are you, Lord, the God of Israel, you have come to your people and set them free. You have raised up for us a mighty Saviour, born of the house of your servant David.

Through your holy prophets, you promised of old to save us from our enemies, from the hands of all who hate us; to show mercy to our forebears, and to remember your holy covenant.

This was the oath you swore to our father Abraham: to set us free from the hands of our enemies, free to worship you without fear, holy and righteous before you, all the days of our life.

And you, child, shall be called the prophet of the Most High, for you will go before the Lord to prepare the way, to give God's people knowledge of salvation by the forgiveness of their sins.

In the tender compassion of our God the dawn from on high shall break upon us, to shine on those who dwell in darkness and the shadow of death,

and to guide our feet into the way of peace.

Glory to the Father and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and shall be forever. Amen.

Hosanna to the Son of David!.

Prayers

Lord, have mercy upon us. Christ, have mercy upon us. Lord, have mercy upon us.

Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Do not bring us to the time of trial,
but deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.

Almighty and everliving God, in tender love for all our human race you sent your Son our Saviour Jesus Christ to take our flesh and suffer death upon a cruel cross. May we follow the example of his great humility and share in the glory of his resurrection; through Jesus Christ our Lord, who is alive and reigns with you and the Holy Spirit, one God, now and for ever. **Amen**

God most holy, we give you thanks for bringing us out of the shadow of night into the light of morning; and we ask you for the joy of spending this day in your service, so that when evening comes, we may once more give you thanks, through Jesus Christ your Son our Lord. Amen.

Let us bless the Lord:

Thanks be to God!

The Suffering Christ - Monday in Holy Week

O Lord, open our lips: and our mouth shall proclaim your praise.

Glory to the Father and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and shall be forever. Amen.

Psalmody

I will thank you, O Lord my God, with all my heart and glorify your name for evermore. (Ps. 86.12)

Opening - from Psalms 86

- 1 Among the gods there is none like you, O Lord,* nor anything like your works.
- 2 All nations you have made will come and worship you, O Lord,* and glorify your name.
- For you are great; you do wondrous things;* and you alone are God.
- 4 Teach me your way, O Lord, and I will walk in your truth;* knit my heart to you that I may fear your name.

Psalms 13 and 26

- 1 How long, O Lord? will you forget me for ever? * how long will you hide your face from me?
- 2 How long shall I have perplexity in my mind, and grief in my heart, day after day? * how long shall my enemy triumph over me?
- 3 Look upon me and answer me, O Lord my God; * give light to my eyes, lest I sleep in death;
- 4 Lest my enemy say, 'I have prevailed over him,'* and my foes rejoice that I have fallen.

- 5 But I put my trust in your mercy;*
 my heart is joyful because of your saving help.
- 6 I will sing to the Lord, for he has dealt with me richly; *
 I will praise the name of the Lord Most High.
- Give judgement for me, O Lord, for I have lived with integrity;*
 I have trusted in the Lord and have not faltered.
- 2 Test me, O Lord, and try me;* examine my heart and my mind.
- For your love is before my eyes;*
 I have walked faithfully with you.
- 4 I have not sat with the worthless,*
 nor do I consort with the deceitful.
- 5 I have hated the company of evildoers;*
 I will not sit down with the wicked.
- 6 I will wash my hands in innocence, O Lord,* that I may go in procession round your altar,
- 7 Singing aloud a song of thanksgiving* and recounting all your wonderful deeds.
- 8 Lord, I love the house in which you dwell* and the place where your glory abides.
- 9 Do not sweep me away with sinners,* nor my life with those who thirst for blood,
- 10 Whose hands are full of evil plots,* and their right hand full of bribes.
- 11 As for me, I will live with integrity;* redeem me, O Lord, and have pity on me.
- 12 My foot stands on level ground;*
 in the full assembly I will bless the Lord.

- Behold my servant, whom I uphold* my chosen, in whom my soul delights;
- 2 I have put my spirit upon him* he will bring forth justice to the nations:
- 3 He will not cry nor lift up his voice* or make it heard in the street:
- 4 a bruised reed he will not break* a dimly burning wick he will not quench;
- 5 he will faithfully bring forth justice* he will not fail nor be discouraged,
- 6 till he has established justice in the earth* and the coastlands wait for his law.
 - I will thank you, O Lord my God, with all my heart and glorify your name for evermore.

Readings

Silence

Response - from Psalm 63 verse 4

My eyes have failed for watching for your salvation.

My eyes have failed for watching for your salvation

And for your righteous promise **For your salvation.**

Glory to the Father and to the Son and to the Holy Spirit.

My eyes have failed for watching for your salvation.

Benedictus

Deliver me from evil, preserve me from the wicked.

Blessed are you, Lord, the God of Israel, you have come to your people and set them free. You have raised up for us a mighty Saviour, born of the house of your servant David.

Through your holy prophets, you promised of old to save us from our enemies, from the hands of all who hate us; to show mercy to our forebears, and to remember your holy covenant.

This was the oath you swore to our father Abraham: to set us free from the hands of our enemies, free to worship you without fear, holy and righteous before you, all the days of our life.

And you, child, shall be called the prophet of the Most High, for you will go before the Lord to prepare the way, to give God's people knowledge of salvation by the forgiveness of their sins.

In the tender compassion of our God the dawn from on high shall break upon us, to shine on those who dwell in darkness and the shadow of death, and to guide our feet into the way of peace.

Glory to the Father and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and shall be forever. Amen.

Deliver me from evil, preserve me from the wicked.

Prayers

Lord, have mercy upon us. Christ, have mercy upon us. Lord, have mercy upon us.

Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Do not bring us to the time of trial,
but deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.

Almighty God, whose Son was crucified yet entered into glory, may we, walking in the way of the cross, find it to be for us the way of life; through Jesus Christ our Lord, who is alive and reigns with you and the Holy Spirit, one God, now and for ever. **Amen**

God most holy, we give you thanks for bringing us out of the shadow of night into the light of morning; and we ask you for the joy of spending this day in your service, so that when evening comes, we may once more give you thanks, through Jesus Christ your Son our Lord. Amen.

Let us bless the Lord:

Thanks be to God!

The Suffering Christ - Tuesday in Holy Week

O Lord, open our lips: and our mouth shall proclaim your praise.

Glory to the Father and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and shall be forever. Amen.

Psalmody

I will thank you, O Lord my God, with all my heart and glorify your name for evermore. (Ps. 86.12)

Opening - from Psalms 86

- 1 Among the gods there is none like you, O Lord,* nor anything like your works.
- 2 All nations you have made will come and worship you, O Lord,* and glorify your name.
- For you are great; you do wondrous things;* and you alone are God.
- 4 Teach me your way, O Lord, and I will walk in your truth;* knit my heart to you that I may fear your name.

Psalms 69.1-18

- 1 Save me, O God,* for the waters have risen up to my neck.
- 2 I am sinking in deep mire,* and there is no firm ground for my feet.
- 3 I have come into deep waters,* and the torrent washes over me.
- 4 I have grown weary with my crying; my throat is inflamed;* my eyes have failed from looking for my God.

- Those who hate me without a cause are more than the hairs of my head; my lying foes who would destroy me are mighty.*
 Must I then give back what I never stole?
- 6 O God, you know my foolishness,* and my faults are not hidden from you.
- 7 Let not those who hope in you be put to shame through me, Lord God of hosts;* let not those who seek you be disgraced because of me,
- 8 Surely, for your sake have I suffered reproach,* and shame has covered my face.
- 9 I have become a stranger to my own kindred,* an alien to my mother's children.
- 10 Zeal for your house has eaten me up;*
 the scorn of those who scorn you has fallen upon me.
- 11 I humbled myself with fasting,* but that was turned to my reproach.
- 12 I put on sack-cloth also,* and became a byword among them.
- 13 Those who sit at the gate murmur against me,* and the drunkards make songs about me.
- 14 But as for me, this is my prayer to you,* at the time you have set, O Lord:
- 15 'In your great mercy, O God,* answer me with your unfailing help.
- Save me from the mire; do not let me sink;* let me be rescued from those who hate me and out of the deep waters.
- 17 Let not the torrent of waters wash over me, neither let the deep swallow me up;* do not let the Pit shut its mouth upon me.

- 18 Answer me, O Lord, for your love is kind;* in your great compassion, turn to me.'
- 19 'Hide not your face from your servant;* be swift and answer me, for I am in distress.

- Behold my servant, whom I uphold* my chosen, in whom my soul delights;
- 2 I have put my spirit upon him* he will bring forth justice to the nations:
- 3 He will not cry nor lift up his voice* or make it heard in the street:
- 4 a bruised reed he will not break* a dimly burning wick he will not quench;
- 5 he will faithfully bring forth justice* he will not fail nor be discouraged,
- 6 till he has established justice in the earth* and the coastlands wait for his law.
 - I will thank you, O Lord my God, with all my heart and glorify your name for evermore.

Readings

Silence

Response - from Psalm 63 verse 4

My eyes have failed for watching for your salvation.

My eyes have failed for watching for your salvation

And for your righteous promise

For your salvation.

Glory to the Father and to the Son and to the Holy Spirit.

My eyes have failed for watching for your salvation.

Benedictus

False witnesses have risen against me and they breathe out violence.

Blessed are you, Lord, the God of Israel, you have come to your people and set them free. You have raised up for us a mighty Saviour, born of the house of your servant David.

Through your holy prophets, you promised of old to save us from our enemies, from the hands of all who hate us; to show mercy to our forebears, and to remember your holy covenant.

This was the oath you swore to our father Abraham: to set us free from the hands of our enemies, free to worship you without fear, holy and righteous before you, all the days of our life.

And you, child, shall be called the prophet of the Most High, for you will go before the Lord to prepare the way, to give God's people knowledge of salvation by the forgiveness of their sins.

In the tender compassion of our God the dawn from on high shall break upon us, to shine on those who dwell in darkness and the shadow of death, and to guide our feet into the way of peace.

Glory to the Father and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and shall be forever. Amen.

False witnesses have risen against me and they breathe out violence.

Prayers

Lord, have mercy upon us. Christ, have mercy upon us. Lord, have mercy upon us.

Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Do not bring us to the time of trial,
but deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.

O God, by the passion of your blessed Son you made an instrument of shameful death to be for us the means of life. May our lives be so transformed by his passion that we may witness to his grace; who lives and reigns with you and the Holy Spirit, one God, now and for ever.

Amen

God most holy, we give you thanks for bringing us out of the shadow of night into the light of morning; and we ask you for the joy of spending this day in your service, so that when evening comes, we may once more give you thanks, through Jesus Christ your Son our Lord. Amen.

Let us bless the Lord:

Thanks be to God!

The Suffering Christ - Wednesday in Holy Week

O Lord, open our lips:

and our mouth shall proclaim your praise.

Glory to the Father and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and shall be forever. Amen.

Psalmody

I will thank you, O Lord my God, with all my heart and glorify your name for evermore. (Ps. 86.12)

Opening - from Psalms 86

- 1 Among the gods there is none like you, O Lord,* nor anything like your works.
- 2 All nations you have made will come and worship you, O Lord,* and glorify your name.
- For you are great; you do wondrous things;* and you alone are God.
- 4 Teach me your way, O Lord, and I will walk in your truth;* knit my heart to you that I may fear your name.

Psalms 40

- 1 I waited patiently upon the Lord;* he stooped to me and heard my cry.
- 2 He lifted me out of the desolate pit, out of the mire and clay;* he set my feet upon a high cliff and made my footing sure.
- He put a new song in my mouth, a song of praise to our God;* many shall see, and stand in awe, and put their trust in the Lord.
- 4 Happy are they who trust in the Lord!* they do not resort to evil spirits or turn to false gods.

- 5 Great things are they that you have done, O Lord my God! how great your wonders and your plans for us!* there is none who can be compared with you.
- 6 Oh, that I could make them known and tell them!* but they are more than I can count.
- 7 In sacrifice and offering you take no pleasure* (you have given me ears to hear you);
- 8 Burnt-offering and sin-offering you have not required,* and so I said, 'Behold, I come.
- 9 In the roll of the book it is written concerning me:*
 "I love to do your will, O my God; your law is deep in my heart."
- 10 I proclaimed righteousness in the great congregation;* behold, I did not restrain my lips; and that, O Lord, you know.
- 11 Your righteousness have I not hidden in my heart; I have spoken of your faithfulness and your deliverance;* I have not concealed your love and faithfulness from the great congregation.
- 12 You are the Lord; do not withhold your compassion from me;* let your love and your faithfulness keep me safe for ever,
- 13 For innumerable troubles have crowded upon me; my sins have overtaken me, and I cannot see;* they are more in number than the hairs of my head, and my heart fails me.
- 14 Be pleased, O Lord, to deliver me;* O Lord, make haste to help me.
- 15 Let them be ashamed and altogether dismayed who seek after my life to destroy it;* let them draw back and be disgraced who take pleasure in my misfortune.
- 16 Let those who say 'Aha!' and gloat over me be confounded,* because they are ashamed.

- 17 Let all who seek you rejoice in you and be glad;*
 let those who love your salvation continually say, 'Great is the Lord!'
- 18 Though I am poor and afflicted,* the Lord will have regard for me.
- 19 You are my helper and my deliverer;* do not tarry, O my God.

- Behold my servant, whom I uphold* my chosen, in whom my soul delights;
- 2 I have put my spirit upon him* he will bring forth justice to the nations:
- 3 He will not cry nor lift up his voice* or make it heard in the street;
- 4 a bruised reed he will not break* a dimly burning wick he will not quench;
- 5 he will faithfully bring forth justice* he will not fail nor be discouraged,
- 6 till he has established justice in the earth* and the coastlands wait for his law.
 - I will thank you, O Lord my God, with all my heart and glorify your name for evermore.

Readings

Silence

Response - from Psalm 63 verse 4

My eyes have failed for watching for your salvation.

My eyes have failed for watching for your salvation

And for your righteous promise **For your salvation.**

Glory to the Father and to the Son and to the Holy Spirit. **My eyes have failed for watching for your salvation.**

Benedictus

Christ Jesus

humbled himself even to death.

Blessed are you, Lord, the God of Israel, you have come to your people and set them free. You have raised up for us a mighty Saviour, born of the house of your servant David.

Through your holy prophets, you promised of old to save us from our enemies, from the hands of all who hate us; to show mercy to our forebears, and to remember your holy covenant.

This was the oath you swore to our father Abraham: to set us free from the hands of our enemies, free to worship you without fear, holy and righteous before you, all the days of our life.

And you, child, shall be called the prophet of the Most High, for you will go before the Lord to prepare the way, to give God's people knowledge of salvation by the forgiveness of their sins.

In the tender compassion of our God

the dawn from on high shall break upon us, to shine on those who dwell in darkness and the shadow of death, and to guide our feet into the way of peace.

Glory to the Father and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and shall be forever. Amen.

Christ Jesus humbled himself even to death.

Prayers

Lord, have mercy upon us. Christ, have mercy upon us. Lord, have mercy upon us.

Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Do not bring us to the time of trial,
but deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.

Lord God, your Son our Saviour gave his body to be whipped and turned his face for men to spit upon. Give your servants grace to accept suffering for his sake, confident of the glory that will be revealed; through Jesus Christ our Lord, who is alive and reigns with you and the Holy Spirit, one God, now and for ever. **Amen**

God most holy, we give you thanks for bringing us out of the shadow of night into the light of morning; and we ask you for the joy of spending this day in your service, so that when evening comes, we may once more give you thanks, through Jesus Christ your Son our Lord. Amen.

Let us bless the Lord:

Thanks be to God!

The Suffering Christ - Maundy Thursday

O Lord, open our lips:

and our mouth shall proclaim your praise.

Glory to the Father and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and shall be forever. Amen.

Psalmody

I will thank you, O Lord my God, with all my heart and glorify your name for evermore. (Ps. 86.12)

Opening - from Psalms 86

- 1 Among the gods there is none like you, O Lord,* nor anything like your works.
- 2 All nations you have made will come and worship you, O Lord,* and glorify your name.
- For you are great; you do wondrous things;* and you alone are God.
- 4 Teach me your way, O Lord, and I will walk in your truth;* knit my heart to you that I may fear your name.

Psalms 113; 115

- Give praise, you servants of the Lord;* praise the name of the Lord.
- 2 Let the name of the Lord be blessed,* from this time forth for evermore.
- From the rising of the sun to its going down* let the name of the Lord be praised.
- 4 The Lord is high above all nations,* and his glory above the heavens.
- Who is like the Lord our God, who sits enthroned on high,* but stoops to behold the heavens and the earth?

- 6 He takes up the weak out of the dust* and lifts up the poor from the ashes.
- 7 He sets them with the princes,* with the princes of his people.
- 8 He makes the woman of a childless house* to be a joyful mother of children.
- 1 Not to us, O Lord, not to us, but to your name give glory;* because of your love and because of your faithfulness.
- 2 Why should the heathen say,*
 'Where then is their God?'
- 3 Our God is in heaven;* whatever he wills to do he does.
- 4 Their idols are silver and gold,* the work of human hands.
- 5 They have mouths, but they cannot speak;* eyes have they, but they cannot see;
- 6 They have ears, but they cannot hear;* noses, but they cannot smell;
- 7 They have hands, but they cannot feel; feet, but they cannot walk;* they make no sound with their throat.
- 8 Those who make them are like them,* and so are all who put their trust in them.
- 9 O Israel, trust in the Lord;* he is their help and their shield.
- 10 O house of Aaron, trust in the Lord;* he is their help and their shield.
- 11 You who fear the Lord, trust in the Lord;* he is their help and their shield.

- 12 The Lord has been mindful of us, and he will bless us;*
 he will bless the house of Israel;
 he will bless the house of Aaron:
- 13 He will bless those who fear the Lord,* both small and great together.
- 14 May the Lord increase you more and more,* you and your children after you.
- 15 May you be blessed by the Lord,* the maker of heaven and earth.
- 16 The heaven of heavens is the Lord's,* but he entrusted the earth to its peoples.
- 17 The dead do not praise the Lord,* nor all those who go down into silence;
- 18 But we will bless the Lord,*
 from this time forth for evermore.

- Behold my servant, whom I uphold* my chosen, in whom my soul delights;
- 2 I have put my spirit upon him* he will bring forth justice to the nations:
- 3 He will not cry nor lift up his voice* or make it heard in the street:
- 4 a bruised reed he will not break* a dimly burning wick he will not quench;
- 5 he will faithfully bring forth justice* he will not fail nor be discouraged,
- 6 till he has established justice in the earth* and the coastlands wait for his law.
 - I will thank you, O Lord my God, with all my heart and glorify your name for evermore.

Readings

Silence

Response - from Psalm 63 verse 4

My eyes have failed for watching for your salvation.

My eyes have failed for watching for your salvation

And for your righteous promise **For your salvation.**

Glory to the Father and to the Son and to the Holy Spirit. **My eyes have failed for watching for your salvation.**

Benedictus

A new commandment I give to you that you love one another, says the Lord

Blessed are you, Lord, the God of Israel, you have come to your people and set them free. You have raised up for us a mighty Saviour, born of the house of your servant David.

Through your holy prophets, you promised of old to save us from our enemies, from the hands of all who hate us; to show mercy to our forebears, and to remember your holy covenant.

This was the oath you swore to our father Abraham: to set us free from the hands of our enemies, free to worship you without fear, holy and righteous before you, all the days of our life.

And you, child, shall be called the prophet of the Most High, for you will go before the Lord to prepare the way, to give God's people knowledge of salvation

by the forgiveness of their sins.
In the tender compassion of our God
the dawn from on high shall break upon us,
to shine on those who dwell in darkness and the shadow of death,
and to guide our feet into the way of peace.

Glory to the Father and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and shall be forever. Amen.

A new commandment I give to you that you love one another, says the Lord

Prayers

Lord, have mercy upon us. Christ, have mercy upon us. Lord, have mercy upon us.

Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Do not bring us to the time of trial,
but deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.

Holy God, source of all love, your son Jesus gave his disciples a new commandment to love one another as he loved them. Write this commandment in our hearts; give us the will to serve others as he was the servant of all, who gave his life and died for us, yet is alive and reigns with you and the Holy Spirit, one God, now and for ever. **Amen**

God most holy, we give you thanks for bringing us out of the shadow of night into the light of morning; and we ask you for the joy of spending this day in your service, so that when evening comes, we may once more give you thanks, through Jesus Christ your Son our Lord. Amen.

Let us bless the Lord:

Thanks be to God!

The Suffering Christ - Good Friday

O Lord, open our lips: and our mouth shall proclaim your praise.

Glory to the Father and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and shall be forever. Amen.

Psalmody

I will thank you, O Lord my God, with all my heart and glorify your name for evermore. (Ps. 86.12)

Opening - from Psalms 86

- 1 Among the gods there is none like you, O Lord,* nor anything like your works.
- 2 All nations you have made will come and worship you, O Lord,* and glorify your name.
- For you are great; you do wondrous things;* and you alone are God.
- 4 Teach me your way, O Lord, and I will walk in your truth;* knit my heart to you that I may fear your name.

Psalms 22

- 1 My God, my God, why have you forsaken me?* and are so far from my cry and from the words of my distress?
- 2 O my God, I cry in the daytime, but you do not answer;* by night as well, but I find no rest.
- 3 Yet you are the Holy One,* enthroned upon the praises of Israel.
- 4 Our forefathers put their trust in you;* they trusted, and you delivered them.

- 5 They cried out to you and were delivered;* they trusted in you and were not put to shame.
- 6 But as for me, I am a worm and no man,* scorned by all and despised by the people.
- 7 All who see me laugh me to scorn;*
 they curl their lips and wag their heads, saying,
- 6 'He trusted in the Lord; let him deliver him;* let him rescue him, if he delights in him.'
- 9 Yet you are he who took me out of the womb,* and kept me safe upon my mother's breast.
- 10 I have been entrusted to you ever since I was born;* you were my God when I was still in my mother's womb.
- Be not far from me, for trouble is near,* and there is none to help.
- 12 Many young bulls encircle me;* strong bulls of Bashan surround me.
- 13 They open wide their jaws at me,* like a ravening and a roaring lion.
- 14 I am poured out like water; all my bones are out of joint;* my heart within my breast is melting wax.
- 15 My mouth is dried out like a potsherd; my tongue sticks to the roof of my mouth;* and you have laid me in the dust of the grave.
- 16 Packs of dogs close me in, and gangs of evildoers circle around me;* they pierce my hands and my feet; I can count all my bones.
- 17 They stare and gloat over me;* they divide my garments among them; they cast lots for my clothing.
- 18 Be not far away, O Lord;* you are my strength; hasten to help me.

- 19 Save me from the sword,*
 my life from the power of the dog.
- 20 Save me from the lion's mouth,*
 my wretched body from the horns of wild bulls.
- 21 I will declare your name to my brethren;* in the midst of the congregation I will praise you.
- Praise the Lord, you that fear him;* stand in awe of him, O offspring of Israel; all you of Jacob's line, give glory.
- For he does not despise nor abhor the poor in their poverty; neither does he hide his face from them;* but when they cry to him he hears them.
- 24 My praise is of him in the great assembly;*
 I will perform my vows in the presence of those who worship him.
- 25 The poor shall eat and be satisfied, and those who seek the Lord shall praise him:* 'May your heart live for ever!'
- 26 All the ends of the earth shall remember and turn to the Lord,* and all the families of the nations shall bow before him.
- 27 For kingship belongs to the Lord;*
 he rules over the nations.
- 28 To him alone all who sleep in the earth bow down in worship;* all who go down to the dust fall before him.
- 29 My soul shall live for him; my descendants shall serve him;* they shall be known as the Lord's for ever.
- 30 They shall come and make known to a people yet unborn* the saving deeds that he has done.

Behold my servant, whom I uphold* my chosen, in whom my soul delights;

- I have put my spirit upon him* he will bring forth justice to the nations:
- 3 He will not cry nor lift up his voice* or make it heard in the street;
- 4 a bruised reed he will not break* a dimly burning wick he will not quench;
- 5 he will faithfully bring forth justice* he will not fail nor be discouraged,
- 6 till he has established justice in the earth* and the coastlands wait for his law.
 - I will thank you, O Lord my God, with all my heart and glorify your name for evermore.

Readings

Silence

Response - from Psalm 63 verse 4

My eyes have failed for watching for your salvation.

My eyes have failed for watching for your salvation

And for your righteous promise

For your salvation.

Glory to the Father and to the Son and to the Holy Spirit.

My eyes have failed for watching for your salvation.

Benedictus

We proclaim Christ nailed to the cross.

Blessed are you, Lord, the God of Israel, you have come to your people and set them free. You have raised up for us a mighty Saviour, born of the house of your servant David.

Through your holy prophets, you promised of old to save us from our enemies, from the hands of all who hate us; to show mercy to our forebears, and to remember your holy covenant.

This was the oath you swore to our father Abraham: to set us free from the hands of our enemies, free to worship you without fear, holy and righteous before you, all the days of our life.

And you, child, shall be called the prophet of the Most High, for you will go before the Lord to prepare the way, to give God's people knowledge of salvation by the forgiveness of their sins.

In the tender compassion of our God the dawn from on high shall break upon us, to shine on those who dwell in darkness and the shadow of death, and to guide our feet into the way of peace.

Glory to the Father and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and shall be forever. Amen.

We proclaim Christ nailed to the cross.

Prayers

Lord, have mercy upon us. Christ, have mercy upon us. Lord, have mercy upon us.

Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Do not bring us to the time of trial,
but deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.

Eternal God, look graciously, we pray, on us your people, for whom our Lord Jesus Christ was willing to be betrayed and given into the hands of sinners, and to suffer death upon the cross; who now lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen**

God most holy, we give you thanks for bringing us out of the shadow of night into the light of morning; and we ask you for the joy of spending this day in your service, so that when evening comes, we may once more give you thanks, through Jesus Christ your Son our Lord. Amen.

Let us bless the Lord:

Thanks be to God!

The Suffering Christ - Holy Saturday

O Lord, open our lips: and our mouth shall proclaim your praise.

Glory to the Father and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and shall be forever. Amen.

Psalmody

I will thank you, O Lord my God, with all my heart and glorify your name for evermore. (Ps. 86.12)

Opening - from Psalms 86

- 1 Among the gods there is none like you, O Lord,* nor anything like your works.
- 2 All nations you have made will come and worship you, O Lord,* and glorify your name.
- 3 For you are great; you do wondrous things;* and you alone are God.
- 4 Teach me your way, O Lord, and I will walk in your truth;* knit my heart to you that I may fear your name.

Psalm 88

- 1 O Lord, my God, my Saviour,* by day and night I cry to you.
- 2 Let my prayer enter into your presence;* incline your ear to my lamentation.
- For I am full of trouble;* my life is at the brink of the grave.
- 4 I am counted among those who go down to the Pit;* I have become like one who has no strength;
- 5 Lost among the dead,* like the slain who lie in the grave,

- 6 Whom you remember no more,* for they are cut off from your hand.
- 7 You have laid me in the depths of the Pit,* in dark places, and in the abyss.
- 8 Your anger weighs upon me heavily,* and all your great waves overwhelm me.
- 9 You have put my friends far from me; you have made me to be abhorred by them;* I am in prison and cannot get free.
- 10 My sight has failed me because of trouble;*
 Lord, I have called upon you daily;
 I have stretched out my hands to you.
- Do you work wonders for the dead?* will those who have died stand up and give you thanks?
- 12 Will your loving-kindness be declared in the grave?* your faithfulness in the land of destruction?
- 13 Will your wonders be known in the dark?*
 or your righteousness in the country where all is forgotten?
- 14 But as for me, O Lord, I cry to you for help;* in the morning my prayer comes before you.
- 15 Lord, why have you rejected me?* why have you hidden your face from me?
- 16 Ever since my youth, I have been wretched and at the point of death;*
 I have borne your terrors with a troubled mind.
- 17 Your blazing anger has swept over me;*
 vour terrors have destroyed me:
- 18 They surround me all day long like a flood;* they encompass me on every side.
- 19 My friend and my neighbour you have put away from me,* and darkness is my only companion.

- Behold my servant, whom I uphold* my chosen, in whom my soul delights;
- I have put my spirit upon him* he will bring forth justice to the nations:
- 3 He will not cry nor lift up his voice* or make it heard in the street;
- 4 a bruised reed he will not break* a dimly burning wick he will not quench;
- 5 he will faithfully bring forth justice* he will not fail nor be discouraged,
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Readings

Silence

Response - from Psalm 63 verse 4

My eyes have failed for watching for your salvation.

My eyes have failed for watching for your salvation

And for your righteous promise **For your salvation.**

Glory to the Father and to the Son and to the Holy Spirit.

My eyes have failed for watching for your salvation.

Benedictus

Destroy this temple and in three days I will raise it up, says the Lord.

Blessed are you, Lord, the God of Israel, you have come to your people and set them free. You have raised up for us a mighty Saviour, born of the house of your servant David.

Through your holy prophets, you promised of old to save us from our enemies, from the hands of all who hate us; to show mercy to our forebears, and to remember your holy covenant.

This was the oath you swore to our father Abraham: to set us free from the hands of our enemies, free to worship you without fear, holy and righteous before you, all the days of our life.

And you, child, shall be called the prophet of the Most High, for you will go before the Lord to prepare the way, to give God's people knowledge of salvation by the forgiveness of their sins.

In the tender compassion of our God the dawn from on high shall break upon us, to shine on those who dwell in darkness and the shadow of death, and to guide our feet into the way of peace.

Glory to the Father and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and shall be forever. Amen.

Destroy this temple and in three days I will raise it up, says the Lord.

Prayers

Lord, have mercy upon us. Christ, have mercy upon us. Lord, have mercy upon us.

Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Do not bring us to the time of trial,
but deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.

O God, creator of heaven and earth, as the crucified body of your dear Son was laid in the tomb and rested on this holy Sabbath, so may we await with him the coming of the third day and rise with him to newness of life; who now lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen**

God most holy, we give you thanks for bringing us out of the shadow of night into the light of morning; and we ask you for the joy of spending this day in your service, so that when evening comes, we may once more give you thanks, through Jesus Christ your Son our Lord. Amen.

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