

## New Life – The Spirit – Sunday

O God, make speed to save us:

**O Lord, make haste to help us.**

**Glory to the Father and to the Son, and to the Holy Spirit;  
as it was in the beginning, is now, and shall be forever. Amen.**

### Psalmody

Give me the joy of your saving help again  
**and sustain me with your bountiful spirit.**

#### Opening - from Psalm 51

- 1 You look for truth deep within me,\*  
and will make me understand wisdom secretly.
- 2 **Purge me from my sin, and I shall be pure;\*  
wash me, and I shall be clean indeed.**
- 3 Create in me a clean heart, O God,\*  
and renew a right spirit within me.
- 4 **Cast me not away from your presence\*  
and take not your holy Spirit from me.**

**Glory to God, Source of all Being, Eternal Word and Holy Spirit;  
as it was in the beginning, is now, and shall be forever. Amen.**

#### Psalm 68.1-20

- 1 Let God arise, and let his enemies be scattered;\*  
let those who hate him flee before him.
- 2 **Let them vanish like smoke when the wind drives it away;\*  
as the wax melts at the fire, so let the wicked perish at the presence of  
God.**
- 3 But let the righteous be glad and rejoice before God;\*  
let them also be merry and joyful.

- 4 Sing to God, sing praises to his name;  
exalt him who rides upon the heavens;\*  
Yahweh is his name, rejoice before him!**
- 5 Father of orphans, defender of widows,\*  
God in his holy habitation!
- 6 God gives the solitary a home  
and brings forth prisoners into freedom,\*  
but the rebels shall live in dry places.**
- 7 O God, when you went forth before your people,\*  
when you marched through the wilderness,
- 8 The earth shook, and the skies poured down rain,  
at the presence of God, the God of Sinai,\*  
at the presence of God, the God of Israel.**
- 9 You sent a gracious rain, O God, upon your inheritance;\*  
you refreshed the land when it was weary.
- 10 Your people found their home in it;\*  
in your goodness, O God, you have made provision for the poor.**
- 11 The Lord gave the word;\*  
great was the company of women who bore the tidings:
- 12 ‘Kings with their armies are fleeing away;\*  
the women at home are dividing the spoils.’**
- 13 Though you lingered among the sheepfolds,\*  
you shall be like a dove whose wings are covered with silver,  
whose feathers are like green gold.
- 14 When the Almighty scattered kings,\*  
it was like snow falling in Zalmon.**
- 15 O mighty mountain, O hill of Bashan!\*  
O rugged mountain, O hill of Bashan!
- 16 Why do you look with envy, O rugged mountain,  
at the hill which God chose for his resting place?\***  
**truly, the Lord will dwell there for ever.**
-

- 17 The chariots of God are twenty thousand,  
even thousands of thousands;\*  
the Lord comes in holiness from Sinai.
- 18 You have gone up on high and led captivity captive;  
you have received gifts even from your enemies,\*  
that the Lord God might dwell among them.**
- 19 Blessed be the Lord day by day,\*  
the God of our salvation, who bears our burdens.
- 20 He is our God, the God of our salvation;\*  
God is the Lord, by whom we escape death.**

**Glory to God, Source of all Being, Eternal Word and Holy Spirit;  
as it was in the beginning, is now, and shall be forever. Amen.**

### **Conclusion – from Romans 8**

- 1 If God is for us, who is against us?\*
- The God who did not spare his own Son,  
will he not give us all things with him?
- 2 It is God who justifies; who is to condemn?\***  
**Who shall separate us from the love of Christ?**
- 3 Neither death nor life,\*  
nor angels nor principalities;
- 4 Nor things present, nor things to come,\*  
nor depth, nor height;**
- 5 Nor powers, nor anything in all creation\*  
shall separate us from the love of God in Christ Jesus our Lord.
- Glory to God, Source of all Being, Eternal Word and Holy Spirit;  
as it was in the beginning, is now, and shall be forever. Amen.**
- Give me the joy of your saving help again,  
and sustain me with your bountiful Spirit.**

## **Readings**

### **Silence**

#### **Response – from Psalm 30.1**

Great is our Lord, and mighty in power; alleluia, alleluia.

**Great is our Lord, and mighty in power; alleluia, alleluia.**

There is no limit to his wisdom.

**Alleluia, alleluia.**

Glory to the Father and to the Son and to the Holy Spirit.

**Great is our Lord, and mighty in power; alleluia, alleluia.**

## Magnificat

I will not leave you desolate, says the Lord;  
I will come to you.

**My soul proclaims the greatness of the Lord  
my spirit rejoices in God my Saviour,  
for you, Lord, have looked with favour on your lowly servant.**

**From this day all generations will call me blessed:  
You, the Almighty, have done great things for me  
and holy is your name.**

**You have mercy on those who fear you  
from generation to generation.**

**You have shown strength with your arm  
and scattered the proud in their conceit,  
casting down the mighty from their thrones  
and lifting up the lowly.**

**You have filled the hungry with good things  
and sent the rich away empty.**

**You have come to the aid of your servant Israel,  
to remember the promise of mercy,  
the promise made to our forebears,  
to Abraham and his children for ever.**

**Glory to God, Source of all Being, Eternal Word and Holy Spirit;  
as it was in the beginning, is now, and shall be forever. Amen.**

I will not leave you desolate, says the Lord  
I will come to you.

## Prayers

Lord, have mercy upon us.

**Christ, have mercy upon us.**

Lord, have mercy upon us.

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins  
as we forgive those who sin against us.**

**Do not bring us to the time of trial,  
but deliver us from evil.**

**For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.**

Blessed are you, Lord God of truth and justice; you open our hearts and our mouths to pray and to praise. Guide now our feet in your holy way, through Jesus Christ our Lord. **Amen**

**Lord God almighty, come and dispel the darkness from our hearts, that in the radiance of your brightness we may know you, the only unfading light, glorious in all eternity. Amen.**

Let us bless the Lord:

**Thanks be to God!**

The God of hope fill us with all joy and peace in believing:  
**through the power of the Holy Spirit. Amen.**

## New Life – The Spirit – Monday

O God, make speed to save us:

**O Lord, make haste to help us.**

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### Psalmody

Give me the joy of your saving help again  
**and sustain me with your bountiful spirit.**

#### Opening - from Psalm 51

- 1 You look for truth deep within me,\*  
and will make me understand wisdom secretly.
- 2 **Purge me from my sin, and I shall be pure;\*  
wash me, and I shall be clean indeed.**
- 3 Create in me a clean heart, O God,\*  
and renew a right spirit within me.
- 4 **Cast me not away from your presence\*  
and take not your holy Spirit from me.**

**Glory to God, Source of all Being, Eternal Word and Holy Spirit;  
as it was in the beginning, is now, and shall be forever. Amen.**

#### Psalm 139

- 1 Lord, you have searched me out and known me;\*  
you know my sitting down and my rising up;  
you discern my thoughts from afar.
- 2 **You trace my journeys and my resting-places\*  
and are acquainted with all my ways.**
- 3 Indeed, there is not a word on my lips,\*  
but you, O Lord, know it altogether.

- 4 You press upon me behind and before\*  
and lay your hand upon me.**
- 5 Such knowledge is too wonderful for me;\*  
it is so high that I cannot attain to it.
- 6 Where can I go then from your Spirit?\***  
**where can I flee from your presence?**
- 7 If I climb up to heaven, you are there;\*  
if I make the grave my bed, you are there also.
- 8 If I take the wings of the morning\*  
and dwell in the uttermost parts of the sea,**
- 9 Even there your hand will lead me\*  
and your right hand hold me fast.
- 10 If I say, ‘Surely the darkness will cover me,\*  
and the light around me turn to night,’**
- 11 Darkness is not dark to you;  
the night is as bright as the day;\*  
darkness and light to you are both alike.
- 12 For you yourself created my inmost parts;\*  
you knit me together in my mother's womb.**
- 13 I will thank you because I am marvellously made;\*  
your works are wonderful, and I know it well.
- 14 My body was not hidden from you,\*  
while I was being made in secret  
and woven in the depths of the earth.**
- 15 Your eyes beheld my limbs, yet unfinished in the womb;  
all of them were written in your book;\*  
they were fashioned day by day,  
when as yet there was none of them.
- 16 How deep I find your thoughts, O God!\*  
how great is the sum of them!**



- 17 If I were to count them, they would be more in number than the sand;\*  
to count them all, my life span would need to be like yours.
- 18 **Oh, that you would slay the wicked, O God!\***  
**You that thirst for blood, depart from me.**
- 19 They speak despitefully against you;\*  
your enemies take your name in vain.
- 20 **Do I not hate those, O Lord, who hate you?\***  
**and do I not loathe those who rise up against you?**
- 21 I hate them with a perfect hatred;\*  
they have become my own enemies.
- 22 **Search me out, O God, and know my heart;\***  
**try me and know my restless thoughts.**
- 23 Look well whether there be any wickedness in me\*  
and lead me in the way that is everlasting.

**Glory to God, Source of all Being, Eternal Word and Holy Spirit;  
as it was in the beginning, is now, and shall be forever. Amen.**

### **Conclusion – from Romans 8**

- 1 If God is for us, who is against us?\*
- The God who did not spare his own Son,  
will he not give us all things with him?
- 2 **It is God who justifies; who is to condemn?\***  
**Who shall separate us from the love of Christ?**
- 3 Neither death nor life,\*  
nor angels nor principalities;
- 4 **Nor things present, nor things to come,\***  
**nor depth, nor height;**
- 5 Nor powers, nor anything in all creation\*  
shall separate us from the love of God in Christ Jesus our Lord.
- Glory to God, Source of all Being, Eternal Word and Holy Spirit;  
as it was in the beginning, is now, and shall be forever. Amen.**
-

**Give me the joy of your saving help again,  
and sustain me with your bountiful Spirit.**

## **Readings**

## **Silence**

## **Response – from Psalm 30.1**

Great is our Lord, and mighty in power; alleluia, alleluia.

**Great is our Lord, and mighty in power; alleluia, alleluia.**

There is no limit to his wisdom.

**Alleluia, alleluia.**

Glory to the Father and to the Son and to the Holy Spirit.

**Great is our Lord, and mighty in power; alleluia, alleluia.**

## Magnificat

I will not leave you desolate, says the Lord;  
I will come to you.

**My soul proclaims the greatness of the Lord  
my spirit rejoices in God my Saviour,  
for you, Lord, have looked with favour on your lowly servant.**

**From this day all generations will call me blessed:  
You, the Almighty, have done great things for me  
and holy is your name.**

**You have mercy on those who fear you  
from generation to generation.**

**You have shown strength with your arm  
and scattered the proud in their conceit,  
casting down the mighty from their thrones  
and lifting up the lowly.**

**You have filled the hungry with good things  
and sent the rich away empty.**

**You have come to the aid of your servant Israel,  
to remember the promise of mercy,  
the promise made to our forebears,  
to Abraham and his children for ever.**

**Glory to God, Source of all Being, Eternal Word and Holy Spirit;  
as it was in the beginning, is now, and shall be forever. Amen.**

I will not leave you desolate, says the Lord  
I will come to you.

## Prayers

Lord, have mercy upon us.

**Christ, have mercy upon us.**

Lord, have mercy upon us.

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins  
as we forgive those who sin against us.**

**Do not bring us to the time of trial,  
but deliver us from evil.**

**For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.**

God of mystery and power, even our minds and hearts are the veils and signs of your presence. We come in silent wonder to learn the way of simplicity, the eternal road that leads to love for you and for your whole creation. We come as your Son Jesus Christ taught us, and in his name.

**Amen**

**Lord God almighty, come and dispel the darkness from our hearts, that in the radiance of your brightness we may know you, the only unfading light, glorious in all eternity. Amen.**

Let us bless the Lord:

**Thanks be to God!**

The God of hope fill us with all joy and peace in believing:  
**through the power of the Holy Spirit. Amen.**

## New Life – The Spirit – Tuesday

O God, make speed to save us:

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### Psalmody

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#### Opening - from Psalm 51

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wash me, and I shall be clean indeed.**
- 3 Create in me a clean heart, O God,\*  
and renew a right spirit within me.
- 4 **Cast me not away from your presence\*  
and take not your holy Spirit from me.**

**Glory to God, Source of all Being, Eternal Word and Holy Spirit;  
as it was in the beginning, is now, and shall be forever. Amen.**

#### Psalms 113; 117

- 1 Hallelujah!  
Give praise, you servants of the Lord;\*  
praise the name of the Lord.
- 2 **Let the name of the Lord be blessed,\*  
from this time forth for evermore.**
- 3 From the rising of the sun to its going down\*  
let the name of the Lord be praised.

- 4 The Lord is high above all nations,\*  
and his glory above the heavens.**
- 5 Who is like the Lord our God, who sits enthroned on high,\*  
but stoops to behold the heavens and the earth?
- 6 He takes up the weak out of the dust\*  
and lifts up the poor from the ashes.**
- 7 He sets them with the princes,\*  
with the princes of his people.
- 8 He makes the woman of a childless house\*  
to be a joyful mother of children.**
- 1 Praise the Lord, all you nations;\*  
laud him, all you peoples.
- 2 For his loving-kindness toward us is great,\*  
and the faithfulness of the Lord endures for ever.  
Hallelujah!**

**Glory to God, Source of all Being, Eternal Word and Holy Spirit;  
as it was in the beginning, is now, and shall be forever. Amen.**

### **Conclusion – from Romans 8**

- 1 If God is for us, who is against us?\*
- The God who did not spare his own Son,  
will he not give us all things with him?
- 2 It is God who justifies; who is to condemn?\***  
**Who shall separate us from the love of Christ?**
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nor angels nor principalities;
- 4 Nor things present, nor things to come,\*  
nor depth, nor height;**
- 5 Nor powers, nor anything in all creation\*  
shall separate us from the love of God in Christ Jesus our Lord.

**Glory to God, Source of all Being, Eternal Word and Holy Spirit;  
as it was in the beginning, is now, and shall be forever. Amen.**

**Give me the joy of your saving help again,  
and sustain me with your bountiful Spirit.**

## Readings

## Silence

## Response – from Psalm 30.1

Great is our Lord, and mighty in power; alleluia, alleluia.

**Great is our Lord, and mighty in power; alleluia, alleluia.**

There is no limit to his wisdom.

**Alleluia, alleluia.**

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## **Magnificat**

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for you, Lord, have looked with favour on your lowly servant.**

**From this day all generations will call me blessed:  
You, the Almighty, have done great things for me  
and holy is your name.**

**You have mercy on those who fear you  
from generation to generation.**

**You have shown strength with your arm  
and scattered the proud in their conceit,  
casting down the mighty from their thrones  
and lifting up the lowly.**

**You have filled the hungry with good things  
and sent the rich away empty.**

**You have come to the aid of your servant Israel,  
to remember the promise of mercy,  
the promise made to our forebears,  
to Abraham and his children for ever.**

**Glory to God, Source of all Being, Eternal Word and Holy Spirit;  
as it was in the beginning, is now, and shall be forever. Amen.**

I will not leave you desolate, says the Lord  
I will come to you.



## Prayers

Lord, have mercy upon us.

**Christ, have mercy upon us.**

Lord, have mercy upon us.

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins  
as we forgive those who sin against us.**

**Do not bring us to the time of trial,  
but deliver us from evil.**

**For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.**

We magnify your name, O Lord, in all times and places. You subdue the arrogant and raise the humble; you feed the hungry and reveal the poverty of wealth. We give thanks for your salvation, made known in Jesus Christ our Lord. **Amen**

**Lord God almighty, come and dispel the darkness from our hearts, that  
in the radiance of your brightness we may know you, the only  
unfading light, glorious in all eternity. Amen.**

Let us bless the Lord:

**Thanks be to God!**

The God of hope fill us with all joy and peace in believing:  
**through the power of the Holy Spirit. Amen.**

## **New Life – The Spirit – Wednesday**

O God, make speed to save us:

**O Lord, make haste to help us.**

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as it was in the beginning, is now, and shall be forever. Amen.**

### **Psalmody**

Give me the joy of your saving help again  
**and sustain me with your bountiful spirit.**

#### **Opening - from Psalm 51**

- 1 You look for truth deep within me,\*  
and will make me understand wisdom secretly.
- 2 **Purge me from my sin, and I shall be pure;\*  
wash me, and I shall be clean indeed.**
- 3 Create in me a clean heart, O God,\*  
and renew a right spirit within me.
- 4 **Cast me not away from your presence\*  
and take not your holy Spirit from me.**

**Glory to God, Source of all Being, Eternal Word and Holy Spirit;  
as it was in the beginning, is now, and shall be forever. Amen.**

#### **Psalm 66**

- 1 Be joyful in God, all you lands,\*  
sing the glory of his name; sing the glory of his praise.
- 2 **Say to God, 'How awesome are your deeds!\*  
because of your great strength your enemies cringe before you.**
- 3 All the earth bows down before you,\*  
sings to you, sings out your name.'
- 4 **Come now and see the works of God,\*  
how wonderful he is in his doing toward all people.**

- 5 He turned the sea into dry land,  
so that they went through the water on foot,\*  
and there we rejoiced in him.
- 6 In his might he rules for ever;  
his eyes keep watch over the nations;\*  
let no rebel rise up against him.**
- 7 Bless our God, you peoples,\*  
make the voice of his praise to be heard;
- 8 Who holds our souls in life,\*  
and will not allow our feet to slip.**
- 9 For you, O God, have proved us;\*  
you have tried us just as silver is tried.
- 10 You brought us into the snare;\*  
you laid heavy burdens upon our backs.**
- 11 You let enemies ride over our heads;  
we went through fire and water;\*  
but you brought us out into a place of refreshment.
- 12 I will enter your house with burnt-offerings  
and will pay you my vows,\*  
which I promised with my lips  
and spoke with my mouth when I was in trouble.**
- 13 I will offer you sacrifices of fat beasts with the smoke of rams;\*  
I will give you oxen and goats.
- 14 Come and listen, all you who fear God,\*  
and I will tell you what he has done for me.**
- 15 I called out to him with my mouth,\*  
and his praise was on my tongue.
- 16 If I had found evil in my heart,\*  
the Lord would not have heard me;**

17 But in truth God has heard me;\*  
he has attended to the voice of my prayer.

**18 Blessed be God, who has not rejected my prayer,\*  
nor withheld his love from me.**

**Glory to God, Source of all Being, Eternal Word and Holy Spirit;  
as it was in the beginning, is now, and shall be forever. Amen.**

### **Conclusion – from Romans 8**

1 If God is for us, who is against us?\*

The God who did not spare his own Son,  
will he not give us all things with him?

**2 It is God who justifies; who is to condemn?\***  
**Who shall separate us from the love of Christ?**

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nor angels nor principalities;

**4 Nor things present, nor things to come,\*  
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5 Nor powers, nor anything in all creation\*  
shall separate us from the love of God in Christ Jesus our Lord.

**Glory to God, Source of all Being, Eternal Word and Holy Spirit;  
as it was in the beginning, is now, and shall be forever. Amen.**

**Give me the joy of your saving help again,  
and sustain me with your bountiful Spirit.**

### **Readings**

### **Silence**

## Response – from Psalm 30.1

Great is our Lord, and mighty in power; alleluia, alleluia.  
**Great is our Lord, and mighty in power; alleluia, alleluia.**

There is no limit to his wisdom.  
**Alleluia, alleluia.**

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## Magnificat

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to remember the promise of mercy,  
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Lord, have mercy upon us.

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**Give us today our daily bread.**

**Forgive us our sins  
as we forgive those who sin against us.**

**Do not bring us to the time of trial,  
but deliver us from evil.**

**For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.**

God of power and might, you bring your people out of darkness and slavery into light and freedom through the waters of salvation. Receive our sacrifice of praise and thanksgiving, and keep us always in your steadfast love, through Jesus Christ our Lord. **Amen**

**Lord God almighty, come and dispel the darkness from our hearts, that in the radiance of your brightness we may know you, the only unfading light, glorious in all eternity. Amen.**

Let us bless the Lord:

**Thanks be to God!**

The God of hope fill us with all joy and peace in believing:  
**through the power of the Holy Spirit. Amen.**

## New Life – The Spirit – Thursday

O God, make speed to save us:

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### Psalmody

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#### Opening - from Psalm 51

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wash me, and I shall be clean indeed.**

3 Create in me a clean heart, O God,\*  
and renew a right spirit within me.

**4 Cast me not away from your presence\*  
and take not your holy Spirit from me.**

**Glory to God, Source of all Being, Eternal Word and Holy Spirit;  
as it was in the beginning, is now, and shall be forever. Amen.**

#### Psalm 104.25-37

25 O Lord, how manifold are your works!\*  
in wisdom you have made them all;  
the earth is full of your creatures.

**26 Yonder is the great and wide sea  
with its living things too many to number,\*  
creatures both small and great.**

27 There move the ships, and there is that Leviathan,\*  
which you have made for the sport of it.

- 28 All of them look to you\*  
to give them their food in due season.**
- 29 You give it to them; they gather it;\*  
you open your hand, and they are filled with good things.
- 30 You hide your face, and they are terrified;\*  
you take away their breath,  
and they die and return to their dust.**
- 31 You send forth your Spirit, and they are created;\*  
and so you renew the face of the earth.
- 32 May the glory of the Lord endure for ever;\*  
may the Lord rejoice in all his works.**
- 33 He looks at the earth and it trembles;\*  
he touches the mountains and they smoke.
- 34 I will sing to the Lord as long as I live;\*  
I will praise my God while I have my being.**
- 35 May these words of mine please him;\*  
I will rejoice in the Lord.
- 36 Let sinners be consumed out of the earth,\*  
and the wicked be no more.**
- 37 Bless the Lord, O my soul.\*  
Hallelujah!
- Glory to God, Source of all Being, Eternal Word and Holy Spirit;  
as it was in the beginning, is now, and shall be forever. Amen.**

### **Conclusion – from Romans 8**

- 1 If God is for us, who is against us?\*
- The God who did not spare his own Son,  
will he not give us all things with him?
- 2 It is God who justifies; who is to condemn?\***  
**Who shall separate us from the love of Christ?**



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nor angels nor principalities;
- 4 **Nor things present, nor things to come,\*  
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- 5 Nor powers, nor anything in all creation\*  
shall separate us from the love of God in Christ Jesus our Lord.

**Glory to God, Source of all Being, Eternal Word and Holy Spirit;  
as it was in the beginning, is now, and shall be forever. Amen.**

**Give me the joy of your saving help again,  
and sustain me with your bountiful Spirit.**

## **Readings**

### **Silence**

### **Response – from Psalm 30.1**

Great is our Lord, and mighty in power; alleluia, alleluia.  
**Great is our Lord, and mighty in power; alleluia, alleluia.**

There is no limit to his wisdom.

**Alleluia, alleluia.**

Glory to the Father and to the Son and to the Holy Spirit.  
**Great is our Lord, and mighty in power; alleluia, alleluia.**

## **Magnificat**

**I will not leave you desolate, says the Lord;  
I will come to you.**

**My soul proclaims the greatness of the Lord  
my spirit rejoices in God my Saviour,  
for you, Lord, have looked with favour on your lowly servant.**

**From this day all generations will call me blessed:**

**You, the Almighty, have done great things for me  
and holy is your name.**

**You have mercy on those who fear you  
from generation to generation.**

**You have shown strength with your arm  
and scattered the proud in their conceit,  
casting down the mighty from their thrones  
and lifting up the lowly.**

**You have filled the hungry with good things  
and sent the rich away empty.**

**You have come to the aid of your servant Israel,  
to remember the promise of mercy,  
the promise made to our forebears,  
to Abraham and his children for ever.**

**Glory to God, Source of all Being, Eternal Word and Holy Spirit;  
as it was in the beginning, is now, and shall be forever. Amen.**

**I will not leave you desolate, says the Lord  
I will come to you.**

## Prayers

Lord, have mercy upon us.

**Christ, have mercy upon us.**

Lord, have mercy upon us.

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins  
as we forgive those who sin against us.**

**Do not bring us to the time of trial,  
but deliver us from evil.**

**For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.**

O God of eternal light, heaven and earth are the work of your hands, and all creation sings your praise and beauty. As in the beginning, by your Spirit, you gave life and order to all that is, so by the same Spirit redeem us and all things, through Christ our Lord. **Amen**

**Lord God almighty, come and dispel the darkness from our hearts, that in the radiance of your brightness we may know you, the only unfading light, glorious in all eternity. Amen.**

Let us bless the Lord:

**Thanks be to God!**

The God of hope fill us with all joy and peace in believing:  
**through the power of the Holy Spirit. Amen.**

## New Life – The Spirit – Friday

O God, make speed to save us:

**O Lord, make haste to help us.**

**Glory to the Father and to the Son, and to the Holy Spirit;  
as it was in the beginning, is now, and shall be forever. Amen.**

### Psalmody

Give me the joy of your saving help again  
**and sustain me with your bountiful spirit.**

#### Opening - from Psalm 51

- 1 You look for truth deep within me,\*  
and will make me understand wisdom secretly.
- 2 **Purge me from my sin, and I shall be pure;\***  
**wash me, and I shall be clean indeed.**
- 3 Create in me a clean heart, O God,\*  
and renew a right spirit within me.
- 4 **Cast me not away from your presence\***  
**and take not your holy Spirit from me.**

**Glory to God, Source of all Being, Eternal Word and Holy Spirit;  
as it was in the beginning, is now, and shall be forever. Amen.**

#### Psalms 131; 133; 134

- 1 O Lord, I am not proud;\*  
I have no haughty looks.
- 2 **I do not occupy myself with great matters,\***  
**or with things that are too hard for me.**
- 3 But I still my soul and make it quiet,  
like a child upon its mother's breast;\*  
my soul is quieted within me.

- 4 O Israel, wait upon the Lord,\*  
from this time forth for evermore.**
- 1 Oh, how good and pleasant it is,\*  
when brethren live together in unity!
- 2 It is like fine oil upon the head\*  
that runs down upon the beard,**
- 3 Upon the beard of Aaron,\*  
and runs down upon the collar of his robe.
- 4 It is like the dew of Hermon\*  
that falls upon the hills of Zion.**
- 5 For there the Lord has ordained the blessing:\*  
life for evermore.
- 1 Behold now, bless the Lord, all you servants of the Lord,\*  
you that stand by night in the house of the Lord.**
- 2 Lift up your hands in the holy place and bless the Lord;\*  
the Lord who made heaven and earth bless you out of Zion.
- Glory to God, Source of all Being, Eternal Word and Holy Spirit;  
as it was in the beginning, is now, and shall be forever. Amen.**

### **Conclusion – from Romans 8**

- 1 If God is for us, who is against us?\*
- The God who did not spare his own Son,  
will he not give us all things with him?
- 2 It is God who justifies; who is to condemn?\***  
**Who shall separate us from the love of Christ?**
- 3 Neither death nor life,\*  
nor angels nor principalities;
- 4 Nor things present, nor things to come,\*  
nor depth, nor height;**
- 5 Nor powers, nor anything in all creation\*  
shall separate us from the love of God in Christ Jesus our Lord.

**Glory to God, Source of all Being, Eternal Word and Holy Spirit;  
as it was in the beginning, is now, and shall be forever. Amen.**

**Give me the joy of your saving help again,  
and sustain me with your bountiful Spirit.**

## **Readings**

## **Silence**

## **Response – from Psalm 30.1**

Great is our Lord, and mighty in power; alleluia, alleluia.

**Great is our Lord, and mighty in power; alleluia, alleluia.**

There is no limit to his wisdom.

**Alleluia, alleluia.**

Glory to the Father and to the Son and to the Holy Spirit.

**Great is our Lord, and mighty in power; alleluia, alleluia.**

## **Magnificat**

I will not leave you desolate, says the Lord;  
**I will come to you.**

**My soul proclaims the greatness of the Lord  
my spirit rejoices in God my Saviour,  
for you, Lord, have looked with favour on your lowly servant.**

**From this day all generations will call me blessed:  
You, the Almighty, have done great things for me  
and holy is your name.**

**You have mercy on those who fear you  
from generation to generation.**

**You have shown strength with your arm  
and scattered the proud in their conceit,  
casting down the mighty from their thrones  
and lifting up the lowly.**

**You have filled the hungry with good things  
and sent the rich away empty.**

**You have come to the aid of your servant Israel,  
to remember the promise of mercy,  
the promise made to our forebears,  
to Abraham and his children for ever.**

**Glory to God, Source of all Being, Eternal Word and Holy Spirit;  
as it was in the beginning, is now, and shall be forever. Amen.**

I will not leave you desolate, says the Lord  
**I will come to you.**

## Prayers

Lord, have mercy upon us.

**Christ, have mercy upon us.**

Lord, have mercy upon us.

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins  
as we forgive those who sin against us.**

**Do not bring us to the time of trial,  
but deliver us from evil.**

**For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.**

God of earthquake, wind, and fire, may we know you also in the voice of silence. Teach us the way of quiet, that we may find our peace in your presence, in the pattern of our Saviour Jesus Christ. **Amen**

**Lord God almighty, come and dispel the darkness from our hearts, that in the radiance of your brightness we may know you, the only unfading light, glorious in all eternity. Amen.**

Let us bless the Lord:

**Thanks be to God!**

The God of hope fill us with all joy and peace in believing:  
**through the power of the Holy Spirit. Amen.**



## New Life – The Spirit – Saturday

O God, make speed to save us:

**O Lord, make haste to help us.**

**Glory to the Father and to the Son, and to the Holy Spirit;  
as it was in the beginning, is now, and shall be forever. Amen.**

### Psalmody

Give me the joy of your saving help again,  
**and sustain me with your bountiful Spirit.**

#### Opening - from Psalm 51

- 1 You look for truth deep within me,\*  
and will make me understand wisdom secretly.
- 2 **Purge me from my sin, and I shall be pure;\*  
wash me, and I shall be clean indeed.**
- 3 Create in me a clean heart, O God,\*  
and renew a right spirit within me.
- 4 **Cast me not away from your presence\*  
and take not your holy Spirit from me.**

**Glory to God, Source of all Being, Eternal Word and Holy Spirit;  
as it was in the beginning, is now, and shall be forever. Amen.**

#### Psalm 136

- 1 Give thanks to the Lord, for he is good,\*  
for his mercy endures for ever.
- 2 **Give thanks to the God of gods,\*  
for his mercy endures for ever.**
- 3 Give thanks to the Lord of lords,\*  
for his mercy endures for ever.
- 4 **Who only does great wonders,\*  
for his mercy endures for ever;**

- 5 Who by his wisdom made the heavens,\*  
for his mercy endures for ever;
- 6 Who spread out the earth upon the waters,\*  
for his mercy endures for ever;**
- 7 Who created great lights,\*  
for his mercy endures for ever;
- 8 The sun to rule the day,\*  
for his mercy endures for ever;**
- 9 The moon and the stars to govern the night,\*  
for his mercy endures for ever.
- 10 Who struck down the firstborn of Egypt,\*  
for his mercy endures for ever;**
- 11 And brought out Israel from among them,\*  
for his mercy endures for ever;
- 12 With a mighty hand and a stretched-out arm,\*  
for his mercy endures for ever;**
- 13 Who divided the Red Sea in two,\*  
for his mercy endures for ever;
- 14 And made Israel to pass through the midst of it,\*  
for his mercy endures for ever;**
- 15 But swept Pharaoh and his army into the Red Sea,\*  
for his mercy endures for ever;
- 16 Who led his people through the wilderness,\*  
for his mercy endures for ever.**
- 17 Who struck down great kings,\*  
for his mercy endures for ever;
- 18 And slew mighty kings,\*  
for his mercy endures for ever;**
- 19 Sihon, king of the Amorites,\*  
for his mercy endures for ever;
-

- 20 And Og, the king of Bashan,\*  
for his mercy endures for ever;**
- 21 And gave away their lands for an inheritance,\*  
for his mercy endures for ever;
- 22 An inheritance for Israel his servant,\*  
for his mercy endures for ever.**
- 23 Who remembered us in our low estate,\*  
for his mercy endures for ever;
- 24 And delivered us from our enemies,\*  
for his mercy endures for ever;**
- 25 Who gives food to all creatures,\*  
for his mercy endures for ever;
- 26 Give thanks to the God of heaven,\*  
for his mercy endures for ever.**

**Glory to God, Source of all Being, Eternal Word and Holy Spirit;  
as it was in the beginning, is now, and shall be forever. Amen.**

### **Conclusion – from Romans 8**

- 1 If God is for us, who is against us?\*
- The God who did not spare his own Son,  
will he not give us all things with him?
- 2 It is God who justifies; who is to condemn?\***  
**Who shall separate us from the love of Christ?**
- 3 Neither death nor life,\*  
nor angels nor principalities;
- 4 Nor things present, nor things to come,\*  
nor depth, nor height;**
- 5 Nor powers, nor anything in all creation\*  
shall separate us from the love of God in Christ Jesus our Lord.
- Glory to God, Source of all Being, Eternal Word and Holy Spirit;  
as it was in the beginning, is now, and shall be forever. Amen.**
-

**Give me the joy of your saving help again,  
and sustain me with your bountiful Spirit.**

## **Readings**

## **Silence**

## **Response – from Psalm 30.1**

Great is our Lord, and mighty in power; alleluia, alleluia.

**Great is our Lord, and mighty in power; alleluia, alleluia.**

There is no limit to his wisdom.

**Alleluia, alleluia.**

Glory to the Father and to the Son and to the Holy Spirit.

**Great is our Lord, and mighty in power; alleluia, alleluia.**

## **Magnificat**

I will not leave you desolate, says the Lord;  
I will come to you.

**My soul proclaims the greatness of the Lord  
my spirit rejoices in God my Saviour,  
for you, Lord, have looked with favour on your lowly servant.**

**From this day all generations will call me blessed:**

**You, the Almighty, have done great things for me  
and holy is your name.**

**You have mercy on those who fear you  
from generation to generation.**

**You have shown strength with your arm  
and scattered the proud in their conceit,  
casting down the mighty from their thrones  
and lifting up the lowly.**

**You have filled the hungry with good things  
and sent the rich away empty.**

**You have come to the aid of your servant Israel,  
to remember the promise of mercy,  
the promise made to our forebears,  
to Abraham and his children for ever.**

**Glory to God, Source of all Being, Eternal Word and Holy Spirit;  
as it was in the beginning, is now, and shall be forever. Amen.**

I will not leave you desolate, says the Lord  
I will come to you.

## Prayers

Lord, have mercy upon us.

**Christ, have mercy upon us.**

Lord, have mercy upon us.

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins  
as we forgive those who sin against us.**

**Do not bring us to the time of trial,  
but deliver us from evil.**

**For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.**

Maker of the universe, Source of all life, give us grace to serve you with our whole heart, that we may faithfully perform your will and joyfully participate in your creation, to the praise and glory of your name, through Jesus Christ our Lord. **Amen**

**Lord God almighty, come and dispel the darkness from our hearts, that in the radiance of your brightness we may know you, the only unfading light, glorious in all eternity. Amen.**

Let us bless the Lord:

**Thanks be to God!**

The God of hope fill us with all joy and peace in believing:  
**through the power of the Holy Spirit. Amen.**

## New Life – The Spirit – Pentecost

O God, make speed to save us:

**O Lord, make haste to help us.**

**Glory to the Father and to the Son, and to the Holy Spirit;  
as it was in the beginning, is now, and shall be forever. Amen.**

### Psalmody

Give me the joy of your saving help again  
**and sustain me with your bountiful spirit.**

#### Opening - from Psalm 51

1 You look for truth deep within me,\*  
and will make me understand wisdom secretly.

**2 Purge me from my sin, and I shall be pure;\*  
wash me, and I shall be clean indeed.**

3 Create in me a clean heart, O God,\*  
and renew a right spirit within me.

**4 Cast me not away from your presence\*  
and take not your holy Spirit from me.**

**Glory to God, Source of all Being, Eternal Word and Holy Spirit;  
as it was in the beginning, is now, and shall be forever. Amen.**

#### Psalm 68.1-20

1 Let God arise, and let his enemies be scattered;\*  
let those who hate him flee before him.

**2 Let them vanish like smoke when the wind drives it away;\*  
as the wax melts at the fire,  
so let the wicked perish at the presence of God.**

3 But let the righteous be glad and rejoice before God;\*  
let them also be merry and joyful.

- 4 Sing to God, sing praises to his name;  
exalt him who rides upon the heavens;\*  
Yahweh is his name, rejoice before him!**
- 5 Father of orphans, defender of widows,\*  
God in his holy habitation!
- 6 God gives the solitary a home  
and brings forth prisoners into freedom,\*  
but the rebels shall live in dry places.**
- 7 O God, when you went forth before your people,\*  
when you marched through the wilderness,
- 8 The earth shook, and the skies poured down rain,  
at the presence of God, the God of Sinai,\*  
at the presence of God, the God of Israel.**
- 9 You sent a gracious rain, O God, upon your inheritance;\*  
you refreshed the land when it was weary.
- 10 Your people found their home in it;\*  
in your goodness, O God, you have made provision for the poor.**
- 11 The Lord gave the word;\*  
great was the company of women who bore the tidings:
- 12 ‘Kings with their armies are fleeing away;\*  
the women at home are dividing the spoils.’**
- 13 Though you lingered among the sheepfolds,\*  
you shall be like a dove whose wings are covered with silver,  
whose feathers are like green gold.
- 14 When the Almighty scattered kings,\*  
it was like snow falling in Zalmon.**
- 15 O mighty mountain, O hill of Bashan!\*  
O rugged mountain, O hill of Bashan!
- 16 Why do you look with envy, O rugged mountain,  
at the hill which God chose for his resting place?\***  
**truly, the Lord will dwell there for ever.**
-



- 17 The chariots of God are twenty thousand,  
even thousands of thousands;\*  
the Lord comes in holiness from Sinai.
- 18 You have gone up on high and led captivity captive;  
you have received gifts even from your enemies,\*  
that the Lord God might dwell among them.**
- 19 Blessed be the Lord day by day,\*  
the God of our salvation, who bears our burdens.
- 20 He is our God, the God of our salvation;\*  
God is the Lord, by whom we escape death.**

**Glory to God, Source of all Being, Eternal Word and Holy Spirit;  
as it was in the beginning, is now, and shall be forever. Amen.**

### **Conclusion – from Romans 8**

- 1 If God is for us, who is against us?\*
- The God who did not spare his own Son,  
will he not give us all things with him?
- 2 It is God who justifies; who is to condemn?\***  
**Who shall separate us from the love of Christ?**
- 3 Neither death nor life,\*  
nor angels nor principalities;
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nor depth, nor height;**
- 5 Nor powers, nor anything in all creation\*  
shall separate us from the love of God in Christ Jesus our Lord.
- Glory to God, Source of all Being, Eternal Word and Holy Spirit;  
as it was in the beginning, is now, and shall be forever. Amen.**
- Give me the joy of your saving help again,  
and sustain me with your bountiful Spirit.**

## **Readings**

### **Silence**

#### **Response – from Psalm 30.1**

Great is our Lord, and mighty in power; alleluia, alleluia.

**Great is our Lord, and mighty in power; alleluia, alleluia.**

There is no limit to his wisdom.

**Alleluia, alleluia.**

Glory to the Father and to the Son and to the Holy Spirit.

**Great is our Lord, and mighty in power; alleluia, alleluia.**

## **Magnificat**

In the Spirit  
we have access to the Father; alleluia!

**My soul proclaims the greatness of the Lord  
my spirit rejoices in God my Saviour,  
for you, Lord, have looked with favour on your lowly servant.**

**From this day all generations will call me blessed:**

**You, the Almighty, have done great things for me  
and holy is your name.**

**You have mercy on those who fear you  
from generation to generation.**

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and scattered the proud in their conceit,  
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**You have filled the hungry with good things  
and sent the rich away empty.**

**You have come to the aid of your servant Israel,  
to remember the promise of mercy,  
the promise made to our forebears,  
to Abraham and his children for ever.**

**Glory to God, Source of all Being, Eternal Word and Holy Spirit;  
as it was in the beginning, is now, and shall be forever. Amen.**

In the Spirit  
we have access to the Father; alleluia!

## Prayers

Lord, have mercy upon us.

**Christ, have mercy upon us.**

Lord, have mercy upon us.

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins  
as we forgive those who sin against us.**

**Do not bring us to the time of trial,  
but deliver us from evil.**

**For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.**

Eternal God, who fulfilled the promises of Easter by sending us your Holy Spirit and opening to every race and nation the way of life eternal: keep us in the unity of your Spirit, that every tongue may tell of your glory; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen**

**Lord God almighty, come and dispel the darkness from our hearts, that in the radiance of your brightness we may know you, the only unfading light, glorious in all eternity. Amen.**

Let us bless the Lord:

**Thanks be to God!**

The God of hope fill us with all joy and peace in believing:  
**through the power of the Holy Spirit. Amen**