

Week C – Sunday

O God, make speed to save us:

O Lord, make haste to help us.

**Glory to the Father and to the Son, and to the Holy Spirit;
as it was in the beginning, is now, and shall be forever. Amen.**

Psalmody

Search me out, O God, and know my heart
try me and know my restless thoughts

Opening - from Psalm 139

- 1 You trace my journeys and my resting-places*
and are acquainted with all my ways.
- 2 **Indeed there is not a word on my lips,*
but you, O Lord, know it altogether.**
- 3 If I say, 'Surely the darkness will cover me,*
and the light around me turn to night',
- 4 **Darkness is not dark to you; the night is as bright as the day;*
darkness and light to you are both alike.**

**Glory to God, Source of all Being, Eternal Word and Holy Spirit;
as it was in the beginning, is now, and shall be forever. Amen.**

Psalm 104

- 1 Bless the Lord, O my soul;*
O Lord my God, how excellent is your greatness!
you are clothed with majesty and splendour.
- 2 **You wrap yourself with light as with a cloak*
and spread out the heavens like a curtain.**
- 3 You lay the beams of your chambers in the waters above;*
you make the clouds your chariot;
you ride on the wings of the wind.

- 4 You make the winds your messengers*
and flames of fire your servants.**
- 5 You have set the earth upon its foundations,*
so that it never shall move at any time.
- 6 You covered it with the deep as with a mantle;*
the waters stood higher than the mountains.**
- 7 At your rebuke they fled;*
at the voice of your thunder they hastened away.
- 8 They went up into the hills and down to the valleys beneath,*
to the places you had appointed for them.**
- 9 You set the limits that they should not pass;*
they shall not again cover the earth.
- 10 You send the springs into the valleys;*
they flow between the mountains.**
- 11 All the beasts of the field drink their fill from them,*
and the wild asses quench their thirst.
- 12 Beside them the birds of the air make their nests*
and sing among the branches.**
- 13 You water the mountains from your dwelling on high;*
the earth is fully satisfied by the fruit of your works.
- 14 You make grass grow for flocks and herds*
and plants to serve mankind;**
- 15 That they may bring forth food from the earth,*
and wine to gladden our hearts,
- 16 Oil to make a cheerful countenance,*
and bread to strengthen the heart.**
- 17 The trees of the Lord are full of sap,*
the cedars of Lebanon which he planted,
- 18 In which the birds build their nests,*
and in whose tops the stork makes his dwelling.**
-

- 19 The high hills are a refuge for the mountain goats,*
and the stony cliffs for the rock badgers.
- 20 You appointed the moon to mark the seasons,*
and the sun knows the time of its setting.**
- 21 You make darkness that it may be night,*
in which all the beasts of the forest prowl.
- 22 The lions roar after their prey*
and seek their food from God.**
- 23 The sun rises, and they slip away*
and lay themselves down in their dens .
- 24 Man goes forth to his work*
and to his labour until the evening.**
- 25 O Lord, how manifold are your works!*
in wisdom you have made them all;
the earth is full of your creatures.
- 26 Yonder is the great and wide sea
with its living things too many to number,*
creatures both small and great.**
- 27 There move the ships, and there is that Leviathan,*
which you have made for the sport of it.
- 28 All of them look to you*
to give them their food in due season.**
- 29 You give it to them; they gather it;*
you open your hand, and they are filled with good things.
- 30 You hide your face, and they are terrified;*
you take away their breath,
and they die and return to their dust.**
- 31 You send forth your Spirit, and they are created;*
and so you renew the face of the earth.
-

32 May the glory of the Lord endure for ever;*
may the Lord rejoice in all his works.

33 He looks at the earth and it trembles;*
he touches the mountains and they smoke.

34 I will sing to the Lord as long as I live;*
I will praise my God while I have my being.

35 May these words of mine please him;*
I will rejoice in the Lord.

36 Let sinners be consumed out of the earth,*
and the wicked be no more.

37 Bless the Lord, O my soul.*
Hallelujah!

Glory to God, Source of all Being, Eternal Word and Holy Spirit;
as it was in the beginning, is now, and shall be forever. Amen.

Conclusion – a song of Pilgrimage (From Sirach 51)

1 While I was still young, before I began my travels,*
I sought for wisdom openly in my prayers.

2 I asked for her outside the temple sanctuary,*
and I will seek her to the end.

3 She has been the delight of my heart.*
from first blossom to early fruit.

4 I have kept firmly to the true path;*
I have followed her steps since my youth.

5 I bowed my ear a little and received her;*
I found wisdom and was well instructed.

6 Glory to the One who gives me wisdom!*
I will live according to her way.

7 From the beginning I gained understanding from her;*
therefore I will never be deserted.

8 Because I longed to find her with all my heart,*
I have gained a good possession.

9 As my reward the Lord has given me a tongue*
with which I shall sing his praises.

**Glory to God, Source of all Being, Eternal Word and Holy Spirit;
as it was in the beginning, is now, and shall be forever. Amen.**

**My eyes are turned to you, Lord God;
In you I take refuge; do not strip me of my life.**

Silence

Response – Sirach 51.26

Buy wisdom without money, take her yoke upon you.
Buy wisdom without money, take her yoke upon you.

Let your souls receive instruction.
Take her yoke upon you.

Glory to the Father and to the Son and to the Holy Spirit.
Buy wisdom without money, take her yoke upon you.

Magnificat

God has come to the aid of his servant Israel,
as he promised to Abraham and his children.

**My soul proclaims the greatness of the Lord
my spirit rejoices in God my Saviour,
for you, Lord, have looked with favour on your lowly servant.**

From this day all generations will call me blessed:

**You, the Almighty, have done great things for me
and holy is your name.**

**You have mercy on those who fear you
from generation to generation.**

**You have shown strength with your arm
and scattered the proud in their conceit,
casting down the mighty from their thrones
and lifting up the lowly.**

**You have filled the hungry with good things
and sent the rich away empty.**

**You have come to the aid of your servant Israel,
to remember the promise of mercy,
the promise made to our forebears,
to Abraham and his children for ever.**

**Glory to God, Source of all Being, Eternal Word and Holy Spirit;
as it was in the beginning, is now, and shall be forever. Amen.**

God has come to the aid of his servant Israel,
as he promised to Abraham and his children.

Prayers

Lord, have mercy upon us.

Christ, have mercy upon us.

Lord, have mercy upon us.

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.**

Give us today our daily bread.

**Forgive us our sins
as we forgive those who sin against us.**

**Do not bring us to the time of trial,
but deliver us from evil.**

**For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.**

O God of eternal light, heaven and earth are the work of your hands, and all creation sings your praise and beauty. As in the beginning, by your Spirit, you gave life and order to all that is, so by the same Spirit redeem us and all things, through Christ our Lord. **Amen.**

Lord God almighty, come and dispel the darkness from our hearts, that in the radiance of your brightness we may know you, the only unfading light, glorious in all eternity. Amen.

Let us bless the Lord:

Thanks be to God!

The God of hope fill us with all joy and peace in believing: through the power of the Holy Spirit. Amen.

Week C – Monday

O God, make speed to save us:

O Lord, make haste to help us.

**Glory to the Father and to the Son, and to the Holy Spirit;
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Psalmody

Search me out, O God, and know my heart
try me and know my restless thoughts

Opening - from Psalm 139

- 1 You trace my journeys and my resting-places*
and are acquainted with all my ways.
 - 2 **Indeed there is not a word on my lips,*
but you, O Lord, know it altogether.**
 - 3 If I say, 'Surely the darkness will cover me,*
and the light around me turn to night',
 - 4 **Darkness is not dark to you; the night is as bright as the day;*
darkness and light to you are both alike.**
- Glory to God, Source of all Being, Eternal Word and Holy Spirit;
as it was in the beginning, is now, and shall be forever. Amen.**

Psalm 49

- 1 Hear this, all you peoples;
hearken, all you who dwell in the world,*
you of high degree and low, rich and poor together.
- 2 **My mouth shall speak of wisdom,*
and my heart shall meditate on understanding.**
- 3 I will incline my ear to a proverb*
and set forth my riddle upon the harp.
- 4 **Why should I be afraid in evil days,*
when the wickedness of those at my heels surrounds me,**

- 5 The wickedness of those who put their trust in their goods,*
and boast of their great riches?
- 6 We can never ransom ourselves,*
or deliver to God the price of our life;**
- 7 For the ransom of our life is so great,*
that we should never have enough to pay it,
- 8 In order to live for ever and ever,*
and never see the grave.**
- 9 For we see that the wise die also;
like the dull and stupid they perish*
and leave their wealth to those who come after them.
- 10 Their graves shall be their homes for ever,
their dwelling places from generation to generation,*
though they call the lands after their own names.**
- 11 Even though honoured, they cannot live for ever;*
they are like the beasts that perish.
- 12 Such is the way of those who foolishly trust in themselves,*
and the end of those who delight in their own words.**
- 13 Like a flock of sheep they are destined to die;
Death is their shepherd;*
they go down straightway to the grave.
- 14 Their form shall waste away,*
and the land of the dead shall be their home.**
- 15 But God will ransom my life;*
he will snatch me from the grasp of death.
- 16 Do not be envious when some become rich,*
or when the grandeur of their house increases;**
- 17 For they will carry nothing away at their death,*
nor will their grandeur follow them.

18 Though they thought highly of themselves while they lived,*
and were praised for their success,

19 They shall join the company of their forebears,*
who will never see the light again.

20 Those who are honoured, but have no understanding,*
are like the beasts that perish.

**Glory to God, Source of all Being, Eternal Word and Holy Spirit;
as it was in the beginning, is now, and shall be forever. Amen.**

Conclusion – a song of Pilgrimage (From Sirach 51)

1 While I was still young, before I began my travels,*
I sought for wisdom openly in my prayers.

**2 I asked for her outside the temple sanctuary,*
and I will seek her to the end.**

3 She has been the delight of my heart.*
from first blossom to early fruit.

**4 I have kept firmly to the true path;*
I have followed her steps since my youth.**

5 I bowed my ear a little and received her;*
I found wisdom and was well instructed.

6 Glory to the One who gives me wisdom!*I will live according to her way.

7 From the beginning I gained understanding from her;*
therefore I will never be deserted.

**8 Because I longed to find her with all my heart,*
I have gained a good possession.**

9 As my reward the Lord has given me a tongue*
with which I shall sing his praises.

**Glory to God, Source of all Being, Eternal Word and Holy Spirit;
as it was in the beginning, is now, and shall be forever. Amen.**

**My eyes are turned to you, Lord God;
In you I take refuge; do not strip me of my life.**

Silence

Response – Sirach 51.26

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Buy wisdom without money, take her yoke upon you.

Let your souls receive instruction.
Take her yoke upon you.

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Magnificat

God has come to the aid of his servant Israel,
as he promised to Abraham and his children.

**My soul proclaims the greatness of the Lord
my spirit rejoices in God my Saviour,
for you, Lord, have looked with favour on your lowly servant.**

From this day all generations will call me blessed:

**You, the Almighty, have done great things for me
and holy is your name.**

**You have mercy on those who fear you
from generation to generation.**

**You have shown strength with your arm
and scattered the proud in their conceit,
casting down the mighty from their thrones
and lifting up the lowly.**

**You have filled the hungry with good things
and sent the rich away empty.**

**You have come to the aid of your servant Israel,
to remember the promise of mercy,
the promise made to our forebears,
to Abraham and his children for ever.**

**Glory to God, Source of all Being, Eternal Word and Holy Spirit;
as it was in the beginning, is now, and shall be forever. Amen.**

God has come to the aid of his servant Israel,
as he promised to Abraham and his children.

Prayers

Lord, have mercy upon us.

Christ, have mercy upon us.

Lord, have mercy upon us.

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.**

Give us today our daily bread.

**Forgive us our sins
as we forgive those who sin against us.**

**Do not bring us to the time of trial,
but deliver us from evil.**

**For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.**

God of our salvation, save us from envy, and teach us to be content with what is enough. We ask this in the name of Jesus Christ the Lord. **Amen.**

Lord God almighty, come and dispel the darkness from our hearts, that in the radiance of your brightness we may know you, the only unfading light, glorious in all eternity. Amen.

Let us bless the Lord:

Thanks be to God!

The God of hope fill us with all joy and peace in believing:
through the power of the Holy Spirit. Amen.

Week C – Tuesday

O God, make speed to save us:

O Lord, make haste to help us.

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Psalmody

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Opening - from Psalm 139

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darkness and light to you are both alike.**
- Glory to God, Source of all Being, Eternal Word and Holy Spirit;
as it was in the beginning, is now, and shall be forever. Amen.**

Psalm 84

- 1 How dear to me is your dwelling, O Lord of hosts!*
My soul has a desire and longing for the courts of the Lord;
my heart and my flesh rejoice in the living God.
- 2 **The sparrow has found her a house
and the swallow a nest where she may lay her young;*
by the side of your altars, O Lord of hosts,
my King and my God.**
- 3 Happy are they who dwell in your house!*
they will always be praising you.

- 4 Happy are the people whose strength is in you!***
whose hearts are set on the pilgrims' way.
- 5 Those who go through the desolate valley
will find it a place of springs,*
for the early rains have covered it with pools of water.
- 6 They will climb from height to height,***
and the God of gods will reveal himself in Zion.
- 7 Lord God of hosts, hear my prayer;*
hearken, O God of Jacob.
- 8 Behold our defender, O God;***
and look upon the face of your anointed.
- 9 For one day in your courts
is better than a thousand in my own room,*
and to stand at the threshold of the house of my God
than to dwell in the tents of the wicked.
- 10 For the Lord God is both sun and shield;***
he will give grace and glory;
- 11 No good thing will the Lord withhold*
from those who walk with integrity.
- 12 O Lord of hosts,***
happy are they who put their trust in you!
- Glory to God, Source of all Being, Eternal Word and Holy Spirit;**
as it was in the beginning, is now, and shall be forever. Amen.

Conclusion – a song of Pilgrimage (From Sirach 51)

- 1 While I was still young, before I began my travels,*
I sought for wisdom openly in my prayers.
- 2 I asked for her outside the temple sanctuary,***
and I will seek her to the end.
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from first blossom to early fruit.

- 4 I have kept firmly to the true path;***
I have followed her steps since my youth.
- 5 I bowed my ear a little and received her;*
I found wisdom and was well instructed.
- 6 Glory to the One who gives me wisdom!***
I will live according to her way.
- 7 From the beginning I gained understanding from her;*
therefore I will never be deserted.
- 8 Because I longed to find her with all my heart,***
I have gained a good possession.
- 9 As my reward the Lord has given me a tongue*
with which I shall sing his praises.

Glory to God, Source of all Being, Eternal Word and Holy Spirit;
as it was in the beginning, is now, and shall be forever. Amen.

My eyes are turned to you, Lord God;
In you I take refuge; do not strip me of my life.

Silence

Response – Sirach 51.26

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Let your souls receive instruction.
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Magnificat

God has come to the aid of his servant Israel,
as he promised to Abraham and his children.

**My soul proclaims the greatness of the Lord
my spirit rejoices in God my Saviour,
for you, Lord, have looked with favour on your lowly servant.**

From this day all generations will call me blessed:

**You, the Almighty, have done great things for me
and holy is your name.**

**You have mercy on those who fear you
from generation to generation.**

**You have shown strength with your arm
and scattered the proud in their conceit,
casting down the mighty from their thrones
and lifting up the lowly.**

**You have filled the hungry with good things
and sent the rich away empty.**

**You have come to the aid of your servant Israel,
to remember the promise of mercy,
the promise made to our forebears,
to Abraham and his children for ever.**

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as it was in the beginning, is now, and shall be forever. Amen.**

God has come to the aid of his servant Israel,
as he promised to Abraham and his children.

Prayers

Lord, have mercy upon us.

Christ, have mercy upon us.

Lord, have mercy upon us.

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Do not bring us to the time of trial,
but deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.**

God of pilgrims, teach us to recognize your dwelling-place in the love, generosity, and support of those with whom we share our journey, and help us to worship you in our response to those who need our care; for all the world is your temple and every human heart is a sign of your presence, made known to us in Jesus Christ our Lord. **Amen.**

Lord God almighty, come and dispel the darkness from our hearts, that in the radiance of your brightness we may know you, the only unfading light, glorious in all eternity. Amen.

Let us bless the Lord:

Thanks be to God!

The God of hope fill us with all joy and peace in believing: through the power of the Holy Spirit. Amen.

Week C – Wednesday

O God, make speed to save us:

O Lord, make haste to help us.

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Psalmody

Search me out, O God, and know my heart
try me and know my restless thoughts

Opening - from Psalm 139

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and are acquainted with all my ways.
 - 2 **Indeed there is not a word on my lips,*
but you, O Lord, know it altogether.**
 - 3 If I say, 'Surely the darkness will cover me,*
and the light around me turn to night',
 - 4 **Darkness is not dark to you; the night is as bright as the day;*
darkness and light to you are both alike.**
- Glory to God, Source of all Being, Eternal Word and Holy Spirit;
as it was in the beginning, is now, and shall be forever. Amen.**

Psalm 73

- 1 Truly, God is good to Israel,*
to those who are pure in heart.
- 2 **But as for me, my feet had nearly slipped;*
I had almost tripped and fallen;**
- 3 Because I envied the proud*
and saw the prosperity of the wicked:
- 4 **For they suffer no pain,*
and their bodies are sleek and sound;**

- 5 In the misfortunes of others they have no share;*
they are not afflicted as others are;
- 6 Therefore they wear their pride like a necklace*
and wrap their violence about them like a cloak.**
- 7 Their iniquity comes from gross minds,*
and their hearts overflow with wicked thoughts.
- 8 They scoff and speak maliciously;*
out of their haughtiness they plan oppression.**
- 9 They set their mouths against the heavens,*
and their evil speech runs through the world.
- 10 And so the people turn to them*
and find in them no fault.**
- 11 They say, 'How should God know?*'
is there knowledge in the Most High?'
- 12 So then, these are the wicked;*
always at ease, they increase their wealth.**
- 13 In vain have I kept my heart clean,*
and washed my hands in innocence.
- 14 I have been afflicted all day long,*
and punished every morning.**
- 15 Had I gone on speaking this way,*
I should have betrayed the generation of your children.
- 16 When I tried to understand these things,*
it was too hard for me;**
- 17 Until I entered the sanctuary of God*
and discerned the end of the wicked.
- 18 Surely, you set them in slippery places;*
you cast them down in ruin.**
- 19 Oh, how suddenly do they come to destruction,*
come to an end, and perish from terror!
-

- 20 Like a dream when one awakens, O Lord,*
when you arise you will make their image vanish.**
- 21 When my mind became embittered,*
I was sorely wounded in my heart.
- 22 I was stupid and had no understanding;*
I was like a brute beast in your presence.**
- 23 Yet I am always with you;*
you hold me by my right hand.
- 24 You will guide me by your counsel,*
and afterwards receive me with glory.**
- 25 Whom have I in heaven but you?*
- and having you I desire nothing upon earth.
- 26 Though my flesh and my heart should waste away,*
God is the strength of my heart and my portion for ever.**
- 27 Truly, those who forsake you will perish;*
you destroy all who are unfaithful.
- 28 But it is good for me to be near God;*
I have made the Lord God my refuge.**
- 29 I will speak of all your works*
in the gates of the city of Zion.

**Glory to God, Source of all Being, Eternal Word and Holy Spirit;
as it was in the beginning, is now, and shall be forever. Amen.**

Conclusion – a song of Pilgrimage (From Sirach 51)

- 1 While I was still young, before I began my travels,*
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Silence

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to remember the promise of mercy,
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Prayers

Lord, have mercy upon us.

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Lord, have mercy upon us.

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.**

Give us today our daily bread.

**Forgive us our sins
as we forgive those who sin against us.**

**Do not bring us to the time of trial,
but deliver us from evil.**

**For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.**

Most High, you know our faithlessness, and our blindness to the rewards of goodness. Guide us with your counsel and be the strength of our hearts, that we may not fall but rejoice in the life of your eternal city; through Jesus Christ our Mediator. **Amen.**

Lord God almighty, come and dispel the darkness from our hearts, that in the radiance of your brightness we may know you, the only unfading light, glorious in all eternity. Amen.

Let us bless the Lord:

Thanks be to God!

The God of hope fill us with all joy and peace in believing: through the power of the Holy Spirit. Amen.

Week C – Thursday

O God, make speed to save us:

O Lord, make haste to help us.

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Psalmody

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darkness and light to you are both alike.**
- Glory to God, Source of all Being, Eternal Word and Holy Spirit;
as it was in the beginning, is now, and shall be forever. Amen.**

Psalm 107.33-43

- 33 The Lord changed rivers into deserts,*
and water-springs into thirsty ground,
- 34 **A fruitful land into salt flats,*
because of the wickedness of those who dwell there.**
- 35 He changed deserts into pools of water*
and dry land into water-springs.
- 36 **He settled the hungry there,*
and they founded a city to dwell in.**

- 37 They sowed fields, and planted vineyards,*
and brought in a fruitful harvest.
- 38 He blessed them, so that they increased greatly,*
he did not let their herds decrease.**
- 39 Yet when they were diminished and brought low,*
through stress of adversity and sorrow,
- 40 (He pours contempt on princes*
and makes them wander in trackless wastes)**
- 41 He lifted up the poor out of misery*
and multiplied their families like flocks of sheep.
- 42 The upright will see this and rejoice,*
but all wickedness will shut its mouth.**
- 43 Whoever is wise will ponder these things,*
and consider well the mercies of the Lord.

**Glory to God, Source of all Being, Eternal Word and Holy Spirit;
as it was in the beginning, is now, and shall be forever. Amen.**

Conclusion – a song of Pilgrimage (From Sirach 51)

- 1 While I was still young, before I began my travels,*
I sought for wisdom openly in my prayers.
- 2 I asked for her outside the temple sanctuary,*
and I will seek her to the end.**
- 3 She has been the delight of my heart.*
from first blossom to early fruit.
- 4 I have kept firmly to the true path;*
I have followed her steps since my youth.**
- 5 I bowed my ear a little and received her;*
I found wisdom and was well instructed.
- 6 Glory to the One who gives me wisdom!*
I will live according to her way.**

- 7 From the beginning I gained understanding from her;* therefore I will never be deserted.
- 8 **Because I longed to find her with all my heart,* I have gained a good possession.**
- 9 As my reward the Lord has given me a tongue* with which I shall sing his praises.

Glory to God, Source of all Being, Eternal Word and Holy Spirit; as it was in the beginning, is now, and shall be forever. Amen.

**My eyes are turned to you, Lord God;
In you I take refuge; do not strip me of my life.**

Silence

Response – Sirach 51.26

Buy wisdom without money, take her yoke upon you.
Buy wisdom without money, take her yoke upon you.

Let your souls receive instruction.
Take her yoke upon you.

Glory to the Father and to the Son and to the Holy Spirit.
Buy wisdom without money, take her yoke upon you.

Magnificat

God has come to the aid of his servant Israel,
as he promised to Abraham and his children.

**My soul proclaims the greatness of the Lord
my spirit rejoices in God my Saviour,
for you, Lord, have looked with favour on your lowly servant.**

From this day all generations will call me blessed:

**You, the Almighty, have done great things for me
and holy is your name.**

**You have mercy on those who fear you
from generation to generation.**

**You have shown strength with your arm
and scattered the proud in their conceit,
casting down the mighty from their thrones
and lifting up the lowly.**

**You have filled the hungry with good things
and sent the rich away empty.**

**You have come to the aid of your servant Israel,
to remember the promise of mercy,
the promise made to our forebears,
to Abraham and his children for ever.**

**Glory to God, Source of all Being, Eternal Word and Holy Spirit;
as it was in the beginning, is now, and shall be forever. Amen.**

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as he promised to Abraham and his children.

Prayers

Lord, have mercy upon us.

Christ, have mercy upon us.

Lord, have mercy upon us.

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.**

Give us today our daily bread.

**Forgive us our sins
as we forgive those who sin against us.**

**Do not bring us to the time of trial,
but deliver us from evil.**

**For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.**

O God, the divine seeker, you are light to the lost, bread to the hungry, deliverance to the captive, healing to the sick, eternal vision to the dying, and harbour to every soul in peril. Gather the wanderers from every corner of the world into the community of your mercy and grace, that we may eternally praise you for our salvation in Jesus Christ our Lord. **Amen.**

Lord God almighty, come and dispel the darkness from our hearts, that in the radiance of your brightness we may know you, the only unfading light, glorious in all eternity. Amen.

Let us bless the Lord:

Thanks be to God!

The God of hope fill us with all joy and peace in believing: through the power of the Holy Spirit. Amen.

Week C – Friday

O God, make speed to save us:

O Lord, make haste to help us.

**Glory to the Father and to the Son, and to the Holy Spirit;
as it was in the beginning, is now, and shall be forever. Amen.**

Psalmody

Search me out, O God, and know my heart
try me and know my restless thoughts

Opening - from Psalm 139

- 1 You trace my journeys and my resting-places*
and are acquainted with all my ways.
 - 2 **Indeed there is not a word on my lips,*
but you, O Lord, know it altogether.**
 - 3 If I say, 'Surely the darkness will cover me,*
and the light around me turn to night',
 - 4 **Darkness is not dark to you; the night is as bright as the day;*
darkness and light to you are both alike.**
- Glory to God, Source of all Being, Eternal Word and Holy Spirit;
as it was in the beginning, is now, and shall be forever. Amen.**

Psalm 15

- 1 Lord, who may dwell in your tabernacle? *
who may abide upon your holy hill?
- 2 **Whoever leads a blameless life and does what is right,*
who speaks the truth from his heart.**
- 3 There is no guile upon his tongue;
he does no evil to his friend;*
he does not heap contempt upon his neighbour.
- 4 **In his sight the wicked is rejected,*
but he honours those who fear the Lord.**

- 5 He has sworn to do no wrong*
and does not take back his word
- 6 **He does not give his money in hope of gain,*
nor does he take a bribe against the innocent.**
- 7 Whoever does these things*
shall never be overthrown.

**Glory to God, Source of all Being, Eternal Word and Holy Spirit;
as it was in the beginning, is now, and shall be forever. Amen.**

Conclusion – a song of Pilgrimage (From Sirach 51)

- 1 While I was still young, before I began my travels,*
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I have followed her steps since my youth.**
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therefore I will never be deserted.
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Silence

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hallowed be your name,
your kingdom come,
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Give us today our daily bread.

**Forgive us our sins
as we forgive those who sin against us.**

**Do not bring us to the time of trial,
but deliver us from evil.**

**For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.**

God of love, teach us to walk blamelessly in your ways, that our whole life may be established in you, and that we may come to the place prepared for us by your Son, Jesus Christ our Redeemer. **Amen.**

Lord God almighty, come and dispel the darkness from our hearts, that in the radiance of your brightness we may know you, the only unfading light, glorious in all eternity. Amen.

Let us bless the Lord:

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The God of hope fill us with all joy and peace in believing: through the power of the Holy Spirit. Amen.

Week C – Saturday

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Psalm 19

- 1 The heavens declare the glory of God,*
and the firmament shows his handiwork.
- 2 **One day tells its tale to another,*
and one night imparts knowledge to another.**
- 3 Although they have no words or language,*
and their voices are not heard,
- 4 **Their sound has gone out into all lands,*
and their message to the ends of the world.**

- 5 In the deep has he set a pavilion for the sun;*
it comes forth like a bridegroom out of his chamber;
it rejoices like a champion to run its course.
- 6 It goes forth from the uttermost edge of the heavens
and runs about to the end of it again;*
nothing is hidden from its burning heat.**
- 7 The law of the Lord is perfect and revives the soul;*
the testimony of the Lord is sure and gives wisdom to the innocent.
- 8 The statutes of the Lord are just and rejoice the heart;*
the commandment of the Lord is clear and gives light to the eyes.**
- 9 The fear of the Lord is clean and endures for ever;*
the judgements of the Lord are true and righteous altogether.
- 10 More to be desired are they than gold, more than much fine gold,*
sweeter far than honey, than honey in the comb.**
- 11 By them also is your servant enlightened,*
and in keeping them there is great reward.
- 12 Who can tell how often he offends?***
cleanse me from my secret faults.
- 13 Above all, keep your servant from presumptuous sins;
let them not get dominion over me;*
then shall I be whole and sound, and innocent of a great offence.
- 14 Let the words of my mouth and the meditation of my heart
be acceptable in your sight,*
O Lord, my strength and my redeemer.**
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Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Do not bring us to the time of trial,
but deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.**

Gracious creator of heaven and earth, your Word has come among us as the true Sun of righteousness, and the good news of his birth has gone out to the ends of the world. Open our eyes to the light of your law, that we may be purified from sin and serve you without reproach for the sake of Jesus Christ, our Light and our Life. **Amen.**

Lord God almighty, come and dispel the darkness from our hearts, that in the radiance of your brightness we may know you, the only unfading light, glorious in all eternity. Amen.

Let us bless the Lord:

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